

One of the best ways to stay informed about what is happening in the Loddon Shire and to see important Council updates is by following our Facebook page. Make sure you 'like' the page to receive updates in your newsfeed

https://www.facebook.com/LoddonShire/

Contact the Loddon Visitor Information Centre on (03) 5494 3489 or www.visitloddonvalley.com.au



ndreds and pousa

to celebrate the joy of friends and family.

From the Boort Resource and Information Centre Committee of Management and Staff.

5 WAYS TO WELLBEING



TALK & LISTEN,

FEEL CONNECTED

BE THERE



DO WHAT YOU CAN.

MOVE YOUR MOOD

ENJOY WHAT YOU DO.







REMEMBER THE SIMPLE THINGS THAT **GIVE YOU JOY**

EMBRACE NEW EXPERIENCES, SEE OPPORTUNITIES, SURPRISE YOURSEL

Your time, your words, your presence

Acknowledging the support from: Coliban Water, Boort District Health, Northern District Community Health, Boort Post Office, Boort IGA.



EDITION 191 October 2020

Please contact BRIC on 5455 2716 or email bric.boort@bigpond.com to receive the 'About Boort' via email.



Advertising will begin in November - if you have any questions regarding how to access this or the rates, please call the friendly staff at BRIC.



SERVING OUR LOCAL COMMUNITY.

) Janner Man

open for business with new sculptures

Tourism is opening back up in Regional Victoria and Boort has many attractions to offer.

Coronavirus (COVID-19) restrictions in Victoria

Understand the steps in Victoria's roadmap to recovery. Find out what you need to do to slow the spread of coronavirus in Victoria. https://www.vic.gov.au/coronavirus

Travel—Regional Victoria—Third Step

Find information about how Third Step restrictions affect travel in Regional Victoria

What does this mean I can do?

From 11:59pm on Wednesday 16 September, Third Step restrictions apply if you live in regional Victoria:

- · There are no restrictions on reasons to leave home or the distance you can travel and go on holiday across regional Victoria.
- You can go on holiday in regional Victoria.
- · You can book accommodation with the people you live with, your intimate partner, or the household you have formed a bubble with (your household can book accommodation with up to five members of your bubble household).
- · You must not travel into metropolitan Melbourne under current restrictions, except to buy necessary goods and services, for care and compassionate reasons or permitted work or education. While in metropolitan Melbourne you must comply with the metropolitan Melbourne restriction



Can I go on holiday?

Yes, if you live in regional Victoria you can go on holiday in regional Victoria. There are no restrictions on the distance you can travel across regional Victoria.

You <u>cannot</u> go on a holiday in metropolitan Melbourne.

The recent sculptures by John Piccoli, 'The Spanner Man' have been put into place and are ready for the tourists. John and Sonia are pleased to be re opening, but with clear COVID restrictions in place to keep everyone safe.

Feeling worried or overwhelmed?

Flying Doctor Wellbeing can help when times are tough.

Mental health and wellbeing services are now available in your community.

Flying Doctor Wellbeing provides FREE and confidential mental health appointments with no need for a GP referral.

Call (03) 8412 0480 or email wellbeing@rfdsvic.com.au to find out about the service or make an appointment





Farm Household Allowance can help support you and your family while you take steps to improve your situation.

More information

- Go to servicesaustralia.gov.au/ householdallowanc
- Call the Farmer Assistance hotline 132 316 Monday to Friday, 8 am to 8 pm

How are you going? >

	Well	•	•	Unwell
How are you feeling?	Self-aware and calm	Irritable or impatient	Angry	Aggressive, out of control
What's your stress level?	Coping well	Worried, nervous	Very nervous, panicky	Highly anxious panic attacks
What's your outlook?	Positive outlook	Overwhelmed	Feeling hopeless	Depressed or suicidal thoughts
How are you working?	Working productively	Putting things off, forgetting	Poor performance	Unable to perform duties
How are you sleeping?	Sleeping normally	Trouble sleeping	Restless disturbed sleep	Sleeping too much or too little
What's your energy level?	Energetic	Low energy levels	Tired	Physical symptoms of illness
What's your activity level?	Keeping active	Decreasing activities	Little enjoyment from activities	Avoiding activities
How social are you?	Feeling connected	Withdrawing from social activity	Irritated and frustrated with others	lsolated from others

What can you do? >

Rural & Remote

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Ask for support, try not to judge voursel Falk to friends

and family

You must get help

Contact your ocal 24hr ment health triage service

Contact Lifelin 13 11 14



Government funded flu shots are in stock for eligible patients, including:

- 65 years and older
- 6 months and over with certain chronic medical conditions (e.g. heart disease, severe asthma, diabetes)
- Children's 6 months to less than 5 years
- All Aboriginal and Torres Strait Islander people 6 months and over
- Pregnant women

Private flu shots (those not eligible for a government funded vaccine) are also now in stock! These will be \$20 each.

Please call the clinic on 5451 5220 to arrange an appointment.

COVID-19 TESTING NOCH **PYRAMID HILL POP UP Screening and Assessment Clinic**



Friday 2 October 2020 When



Time 10.30am - 11.30am

NDCH Office (outside front of building) Where 12 Victoria Street, Pyramid Hill

You must phone first to book an appointment **C**03 54510200



Anyone who has any symptoms, no matter how mild, such as a runny nose or scratchy throat, should stay home and get tested.

After your test, you must stay home until you get your test results back.

Common symptoms of Coronavirus are:

Temperature **Breathing Difficulties** Including fever or chills Including breathlessness or sore throat Cough or **Fatigue or Tiredness Runny/Stuffy Nose** Lack of Taste or smell. Headache or Body Nausea, Vomiting, **Aches and Pains** Diarrhoea CTORIA

District Health





MEDIA RELEASE

FURTHER INFORMATION: (03) 5494 1200

Loddon Valley producers will have the opportunity to showcase their wares virtually as part of this year's Powercor Country Festival Farmers' Market.

Loddon Valley producers to

showcase their wares at

Virtual Farmers' Market

The farmers' market is traditionally held in Melbourne's Yarra Park as part of the annual Powercor Country Festival, which also sees Geelong and Essendon football clubs celebrate the role regional and rural Victoria plays in the community.

The festival gives footy fans the chance to enjoy a celebration of the country before the traditional Geelong versus Essendon Country Game at the MCG. Due to the COVID-19 pandemic the Country Festival Farmers' Market will now be online via The Food Purveyor, which also features Loddon Valley produce.

Managing Director of The Food Purveyor and Manager of The Loddon Shed Nicole Newman said the Virtual Farmers' Market provided a great opportunity for local producers.

"Now that The Loddon Shed is up and running it has given our producers a chance to be part of this farmers' market, and promote brand recognition," Ms Newman said.

"The online virtual farmers' market is a huge opportunity for Loddon Valley producers to promote their products and to promote the Loddon Valley region."

Hampers featuring local produce have been provided to the Geelong Football Club, while both clubs are also promoting the farmers' market to their members and the public.

"The Powercor Country Festival has been running for

around five years via the AFL and Essendon and Geelong football clubs," Ms Newman added.

"Around 50 stall holders from regional and rural Victoria are traditionally brought together to be part of the farmers' market. When we have the event everyone sells out.

"By going online we now have the chance to promote our local produce to even more people, including the combination of more than 127,000 Geelong and Essendon football club members."

To browse and buy products at the Virtual Farmers' Market visit www.thefoodpurveyor.com.au/pages/ virtual-powercor-country-festival-farmers-market



https://www.theloddonshed.com.au/collections/all

The lands of the Loddon Valley allow for true sustainable living. It is the home of broad acre farming properties that have provided for generations of local families.

The Loddon Shed is a one stop shop providing direct access for the consumer to purchase high quality artisan products from the Loddon Valley.



THE LOCAL COMMUNITY TOOK TO THE ROAD FOR A DRIVE-BY AND PARADE FOR BOORT DISTRICT HEALTH RESIDENTS AND PATIENTS.

BDH has a 25-bed aged care facility and seven-bed acute ward.

Residents had not been with their families and friends or taken part in usual events since COVID-19 restrictions.

With staff, they used FaceTime, Skype and messenger video calls to keep in touch.

BDH came up with the novel cavalcade idea after a manager received a vehicle parade snap shot from Sue Dunne, a catering staff member.

Director of clinical services Donna Doyle and nurse unit manager Mubarak Meera Sahib put their heads together on a Saturday and agreed to organise a similar procession.

'Our residents have really missed interacting with family and friends and getting out and about in our beautiful town,' Mr MeeraSahib said.



'Our Chief Executive Office Darren Clarke supported us and gave the green signal to go ahead with the event.

Mr MeeraSahib sent out text messages to the staff and families of all residents and a group email from Ms Doyle went to staff, local newsagent, committee members and volunteers.

'The forecast was for 24 degrees and sunshine Monday so, despite the short time frame, we



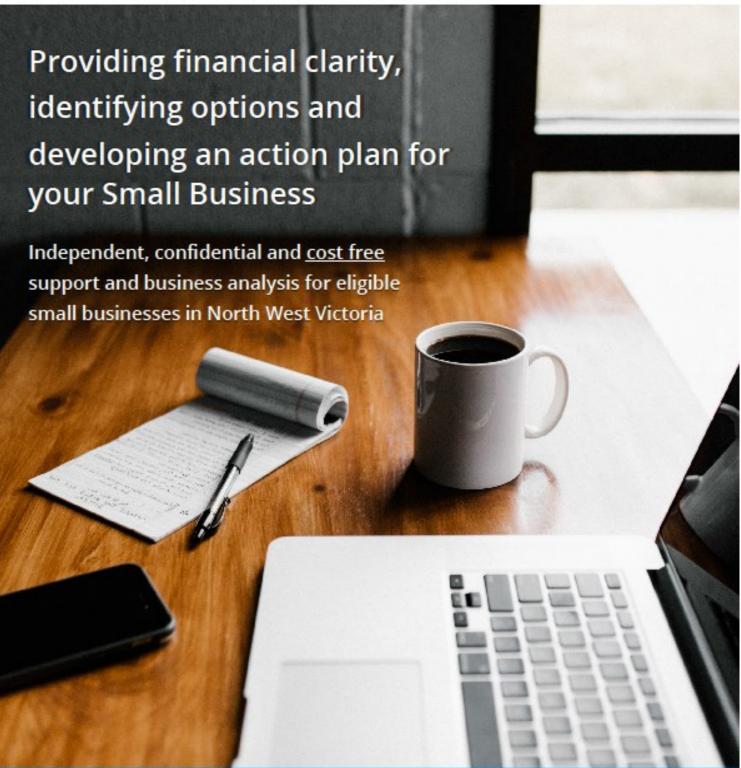
chose Monday at 3.30 p.m. - we would have maximum staff and ideal weather. Ms Doyle said. 'The local newsagency offered to spread the word with a flyer Monday morning and suddenly it was all happening.

'Our local community is truly amazing.

'By 3.15 p.m. on the day, two streets outside the health service were lined with cars, pushbikes and motorbikes waiting to be involved, Ms Doyle said 'The whole thing was overwhelming and a truly collaborative effort of all BDH employees and members of the community, Mr Meera Sahib said. 'We planned this on a very short notice and some families and friends missed out on the event. So we are planning another one in near future - Mr. Meera Sahib said.



identifying options and



www.sunrcs.com.au facebook.com/RFCSVictoriaNorthWest

Supported by the Australian and Victorian Governments



Where were you born?

Dingee, where I spent my early childhood on the farm, before moving to Bendigo.

How long have you lived in the Loddon Shire? I got married and moved to Pyramid Hill 45 years ago.

What do you enjoy most about being a councillor? I enjoy the camaraderie of my fellow councillors and Council staff, but mostly I have loved meeting so many passionate community members, and being able to advocate on their behalf.

What makes you laugh the most?

The things my grandkids say.

What has surprised you most about being the Mayor of the Loddon Shire?

The variety of information you need to have in your head (or at least at your fingertips).

If you could have lunch with one person (from any time in history), who would it be?

I would settle for afternoon tea with the Queen - that would be splendid!

What is your favourite holiday?

When our kids were young we spent many years making the annual trip to Merimbula, and it is still a favourite - although I haven't been for several years now. Maybe next year?????

What are your hopes for the Loddon Shire in 2021?

With council elections coming up in October, my term of office is due to expire. I have had the privilege to serve for the last 8 years as Terrick Ward Councillor, and the last three as Mayor, but other aspects of my life have had to be put on hold, and so I have decided not to nominate for a further term.

My hopes are that Loddon Shire will continue to prosper, our communities thrive, and that all our businesses, community organisations and sporting clubs will recover from the challenges faced this year due to Covid19. I hope we can again look forward to those wonderful events that bring the community together in celebration.

Thank you for all your support and friendship over the years, and best wishes to the candidates for the upcoming election.



MAYORAL COLUMN 21 September 2020



Regional Victoria moves to Third Step

In some great news for our Shire and regional Victoria, last Wednesday from 11.59pm we moved onto the Third Step in the Victorian Government's roadmap to reopening.

This move has been welcome news for our community, particularly for our hospitality industry with indoor and outdoor dining now permitted, subject to group and density limits.

For our local hospitality providers, now is the time to think about how you could explore new ideas or return to outdoor dining options as we reach step three in the roadmap.

Council staff are working on details to circulate to local businesses to assist with what you need to do to get set up and how the Council can help to make this as easy as possible for everyone.

Please contact Council on 5494 1200 to discuss your particular circumstances.

This move to the Third Step is also good news for local tourism, with regional Victorians now able to travel within regional Victoria and accommodation also open, subject to restrictions.

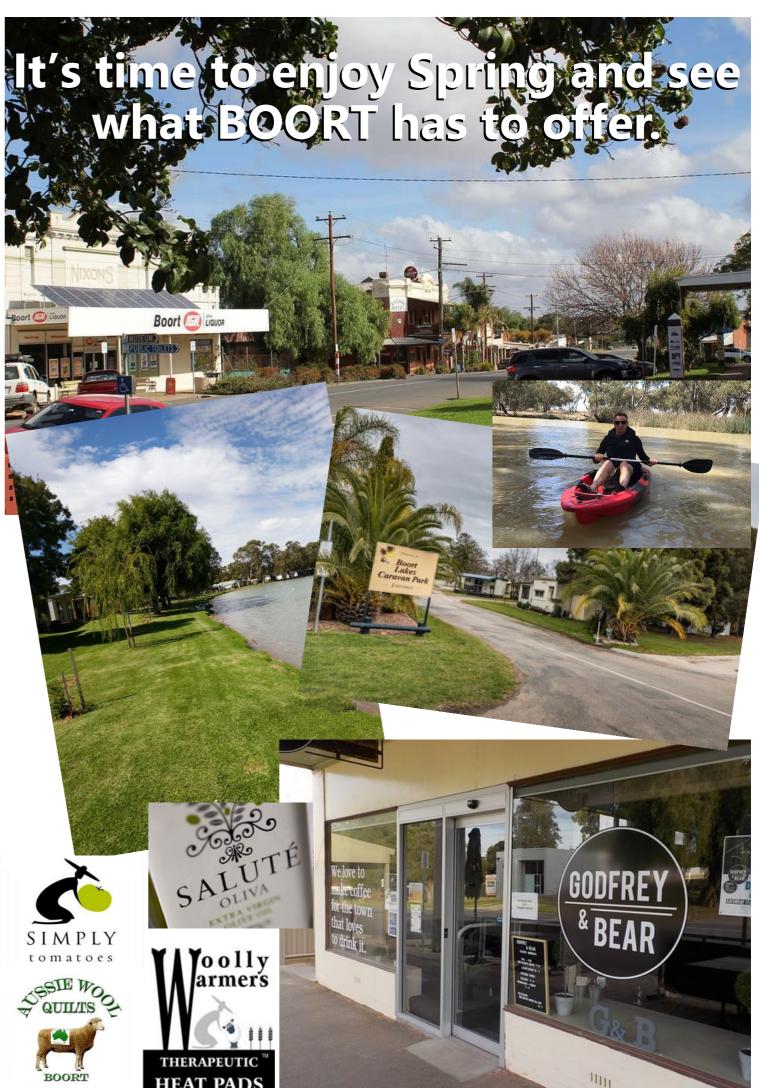
Outdoor contact and non-contact sport is allowed for people aged 18 and under, and outdoor noncontact sport for adults. This is subject to restrictions, including number of players and spectators.

For a full list of what is permitted under the Third Step in regional Victoria, please visit

www.vic.gov.au/coronavirus-covid-19-reopeningroadmap-regional-victoria

Remember, that although restrictions in regional Victoria have eased, it is important to continue to protect yourself, your family and your community against COVID-19.

This includes keeping 1.5 metres away from others, wearing a mask when you leave home, practising good hand hygiene, staying at home if you're unwell and getting tested if you have COVID-19 symptoms.



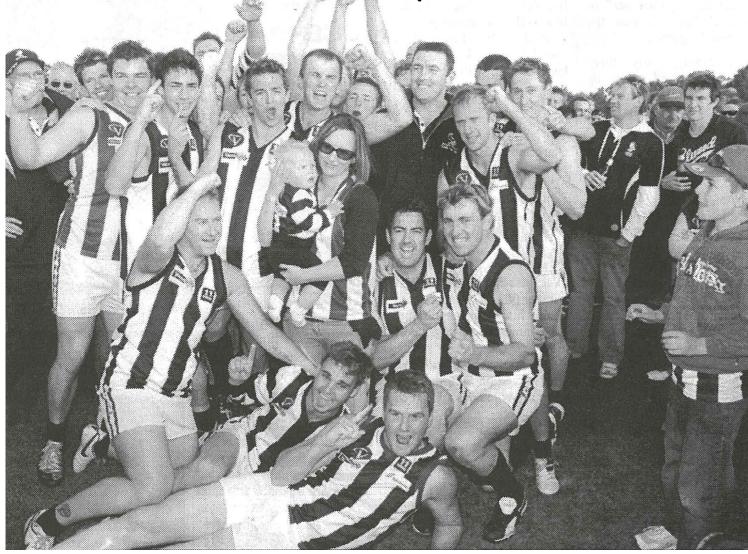


tomatoes



Early North-Central History, from a Magpie Perspective

from a Magpil F



In September 1949 Boort Football team defeated Wedderburn in the Grand final of the Korong Football League. This turned out to be the last match of the Korong Football League.

The Korong Football League held their Annual Meeting in March 1950 and at this meeting Wedderburn requested a Clearance to join the North Central Football League. Delegates were reluctant to let Wedderburn Football Club leave the Korong League as that would leave only four Clubs. The Meeting decided to hold another meeting in a week's time and Delegates could have further discussions with their Clubs.

At the adjourned Annual Meeting of the Korong Football league on 13th March 1950 Clearance Applications were submitted by Quambatook, Boort and Korong Vale and with the Wedderburn application this left no alternative, but to abandon the Korong League.

Wedderburn joined the North Central Football League, Korong, Logan and Woosang joined the Loddon Valley Football League. Quambatook joined the Mid Murray Football League and Boort applied to join the North Central Football League.

Unfortunately the Executive of the North Central Football League rejected the Application on the grounds that the majority of the Clubs were not in favour.

Appeal

Boort appealed the decision and asked to meet a full Delegates meeting. This request was granted and Boort attended a Delegates Meeting in April. At this



With sadness we announce the passing of our loved and loving mum Edna Potter this morning peacefully at home. *Tuesday 22nd Sept 2020.*

For further information regarding live-streaming arrangements please refer to A.G.Adams Kerang website: Edna's service will be live streamed on Monday (28th September 2020) commencing at 11.00am https://adamsfunerals.com.au/livestream/



Goldfields Libraries

We've partnered

with the Australian Government's Be Connected program and are excited to have a number of internet-connected devices available for a free 3-month loan.

Our aim is to reach out to socially isolated and disadvantaged Australians over 50 who are currently not connected to the internet at home. We want to empower recipients with digital skills and improve their connection to the community during this challenging time. We'll help you get started, and our trained Digitial Mentors are always on hand for ongoing support and advice. If you, a family member, or friend aged 50 would benefit from the loan of a device, we would love to hear from you. Let us know how learning to use a device and connecting to the internet would make a difference. Please email us at

beconnected@ncgrl.vic.gov.au or call on 5449 2700 to register your interest.

CALLING ALL TENNIS PLAYERS

We are still waiting for restrictions to ease a little further before we start our 'official' season. We are anticipating to start Saturday 28th or November or possibly beforehand. At this stage we will be holding a Social Competition from Saturday October 17th

until our normal Saturday tennis can commence. (More info will follow as we receive more direction from Tennis Victoria.)

We Play in Boort on Saturday Afternoons

We are now, however taking names for interested players to participate in our Junior and Senior Tennis competition when we get the 'go ahead' to start. Official starting date will be announced at a later time.

There will be three Tennis programs being offered:

A Senior Competition for Adults and older Juniors; A Junior Competition Coaching Groups for kids from Prep and onwards.

Contact:

Alister McDougal (0427 221 098) Lee Lanyon (0427 654 250) Kristen Gooding (0407 857 894).





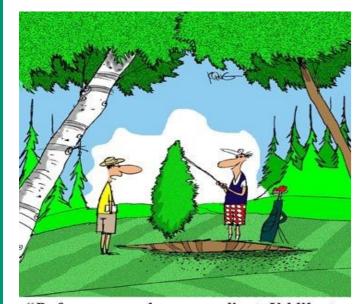
BOORT GOLF CLUB

Golf News

As the Virus restrictions ease we are coming to the end of our Golf Season, although the ladies have been making good use of the

well prepared golf course.

Some ladies have been playing a 14 hole social game of golf on Mondays and Fridays as well as 18 Holes on Wednesday, we welcome any extra people who would like to join us. Hear that there have been many other social players trying out the golf course to enjoy the fresh air and fine weather. Could all players remember to pick up a sand bucket so that you can fill in any divots on the course.



"Before you replace your divot, I'd like to get a photo of you with it. That has to be a world's record."

The Saturday Men's Competition had its final day on Saturday 19th when 10 players took to the fairways in a Stableford event. Scott Rollinson blitzed the field with 39 points, leaving Damien Lanyon, Andrew Kane and Kevin Linehan to share the golf balls in the minor placings as well as a N.T. Pin each. The other Nearest the Pins were won by Hamish Lanyon, Tim Lanyon, Ray Taylor and Will Perryman.

A short Presentation was also held to hand out this year's major event trophies. Damien Lanyon was the big winner this year, claiming the B Grade Championship, the Mercer Cup for the best 3 nett rounds, as well as both the Singles and Pairs Knockout titles. Andrew Kane was Damien's partner in the Pairs Knockout defeating Scott Rollinson and Stuart Tweddle in the Final. Andrew also won the A Grade Club Championship. Stuart Tweddle claimed the Weaver Cup for the best nett total for any grade over the Championships, as well as the Wimmera-Mallee Trophy for the best 3 Stableford rounds. Congratulations to all trophy winners during the year



Stuart Tweddle, Damien Lanyon, Andrew Kane

The Ladies look like being able to play 18 holes on Wednesday until the end of September when they will have

a presentation of their yearly trophies. The Ladies Singles Handicap final was played between Dianne Johnston and Margaret Nelson with Margaret winning a very close match.

The Ladies' Kara Kara Champion of Champions which has been delayed due to the Virus will now be held at Boort on Thursday



Margaret Nelson

held at Boort on Thursday 24th September. Good Luck to Di Johnston and Gaye Sim who will be representing Boort in this event. Results November edition.

If unsure of any playing regulations or what event is being organised please contact any of the following:-

President: Stuart Tweddle	0413 482 385
Captain: Andrew Kane	0428 378 738
Ladies: Dot Beattie President	0427 552 461
Lady Captain: Di Johnston	0427 434 625

Margaret Nelson

meeting it was 3 Clubs for and 3 Clubs against. Chairman Cr Sands asked Delegates to go back to their Clubs and discuss the position. Unfortunately for Boort, North Central Football League voting remained 50-50 so failed to join North Central Football League in 1950.

There were a couple of obvious barriers to Boort getting into North Central Football League. First it would have caused a bye. Secondly the Clubs against the application were all 100kms from Boort, a big trip in the 1950's. Also there were no sealed roads heading West out of Boort, only gravel roads, and in wet weather very difficult conditions and probably a 2 hour drive. Things are a bit different today.

Fortunately an offer from the Kerang District Football League to join with them enabled Boort to play football in 1950.

Premiership

After a very competitive year Boort was successful in winning the Premiership.

So in October 1950 Delegates from the Boort Football Club attended a North Central Delegates meeting at Donald to support an Application for admission to the North Central Football League. After a very lengthy discussion it was eventually decided to convene a Special Meeting of the Football League within the next month. In the meantime the various Clubs were to give a definite answer on Boort's Application and an advertisement to be inserted in various newspapers inviting additional Clubs to apply for admission.

Approval

At a Special Meeting of Delegates of the North Central Football League held at Donald on Saturday night 25th November 1950 the Application by Boort to join that League was approved. The motion to admit Boort was carried on the casting vote of the Chairman Cr. E. R. Sands. This was subject to Boort being cleared from the Kerang Football League.

At a meeting of the Kerang District Football League in early February 1951 the Application for a Clearance from the Kerang League was refused.

Boort appealed to the Victorian Country Football League and a meeting was held in Bendigo toward the end of February. The Appeals Board gave unanimous decision in favour of Boort Football Club. So finaly the Magpies were a member of the North Central

F P V C

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Football League.

Refusal

Wycheproof also had an Application to join North Central Football League, but was refused a Clearance from the Tyrrell Football League and they also lost their appeal in Bendigo. Shortly after this time Wycheproof (1952), Birchip (1953) and Narraport (1953) joined North Central Football League.

It seems hard to believe that it is around seventy years since all this happened. While Football Leagues around North Central have chopped and changed and some have disappeared North Central has remained a very stable League.

Administration

North Central Football League has always set a high standard in administration with Ted Chessels as Secretary/Treasurer setting that High Standard.

The North Central Football League has embraced Netball and Hockey so that every Saturday is a great family day - except this year.

As we enter into September, North Central Clubs and their supports should be looking forward to Grand Final day. Just imagine a nice sunny day, big crowds around the three sports, a super edition of the Football Recorder, many happy winners and some disappointed runners-up.

Nobody does Grand Final Day better than North Central Football, Netball & Hockey League.

Boort's Record

Since joining the North Central League, Boort Football Club has won Senior Premierships in 1954 (defeating Wycheproof), 1982 (defeating Wycheproof-Narraport) and 2008 (defeating Wedderburn).

The Boort Football Club has hosted five finals, in 1990 (setting then League record for "gate" takings of \$15,377), 1992, 1995, 2012 and 2017.

Writen by Magpie supporter John Nelson

The Crone & Maxted families would like to thank those that expressed their sympathy to us after the recent passing of Peter Crone (27th August 2020).

Thank you for the cards, flowers, calls & food. Please accept this as our personal thanks.



NOTES FROM LODDON SHIRE

28 September 2020

Loddon Shire community contact sheet

Last week, Council sent out a brochure to all residents with information regarding COVID-19, support and Loddon Shire service contacts.

This brochure, or community contact sheet, includes information about COVID-19 symptoms, keeping yourself COVID-safe, available support and Five Ways to Wellbeing – which focuses on five simple ways to improve your wellbeing. These five simple ways are: connect, be active, keep learning, be aware and help others.

There is also a list of service contacts across the Loddon Shire – including community health/GPs, mental health and youth services, financial services, food support, neighbourhood houses, COVID-19 screening for testing and many more.

If you haven't received your community contact sheet in the mail, please call Council on 5494 1200 to have a copy posted or emailed to you.

You can also view the brochure on Council's website at: <u>www.loddon.vic.gov.au/COVID-19/Your-health-</u> <u>and-wellbeing-during-COVID-19</u> and click on Loddon Shire Community Service Contacts.

COVID-19 Call-to-Test service

Vulnerable Victorians can get tested at home to help slow the spread of COVID-19 via the Call-to-Test service. The service is for people who have COVID-19 symptoms and cannot leave home due to injury, mobility or other eligible reasons.

It is available to people with an injury, chronic health issue or frailty affecting mobility, moderate to severe physical or psychosocial disability, and moderate to severe mental health or behavioural issues (not otherwise classified as a psychosocial disability). It is also available to carers for a person with moderate to severe disability.

You must be over five years of age to access this service.

Close contacts without symptoms can use the Call-to -Test service if they have been told by the Department of Health and Human Services to get tested and meet any of the criteria listed above.

To find out if you are eligible for this service, call the COVID-19 hotline on 1800 675 398 and select option 9.

Australia Day nominations reminder

Council would like to remind community members that nominations for the 2021 Australia Day awards are now open.

Council is receiving nominations for the Citizen of the Year, Young Citizen of the Year, Community Services and Community Group/Event of the Year awards.

Criteria and eligibility for the awards includes contribution towards values such as a fair go, concern for the environment, shared prosperity, participation in sport, cultural diversity, importance of strong community values and support systems.

Nominations are also open for the Community Service Awards. These awards recognise the outstanding contribution to the local community during the current year or noteworthy service to the local community over a number of years.

Nominations for the awards close Friday, 30 October 2020.

For more information or nomination forms visit www.loddon.vic.gov.au/Our-Council/Ceremonies/ Australia-Day or call Council on 5494 1200.

Australia Day competitions

Entries for the Australia Day 2021 competitions are open until 4pm, 30 October 2020.

The competitions, which are free to enter, include colouring (Prep to Grade 2), photography (Junior, Senior and Open categories) and literature (Prep to Year 12).

For more information or competition entry forms, visit <u>www.loddon.vic.gov.au/Our-Council/</u> <u>Ceremonies/Australia-Day</u> or call Council on 5494 1200.

Return to Play webinar

Sports Focus will be holding a webinar titled "Supporting You Return to Play" on Tuesday 29 September from 1pm to 1.30pm and from 7pm to 7.30pm.

The free 30 minute webinar will provide advice and guidance around how clubs or associations can navigate a return to sport in the wake of the COVID-19 pandemic, including important factors that need to be considered when making decisions. The webinar will also provide an opportunity to ask questions and raise concerns.

For more information or to register for one of the webinars, go to <u>www.sportsfocus.com.au/club-</u><u>support/training-education</u>

Government Candidate Training before lodging their nomination. This includes candidates who are currently or have previously been a councillor.

The online mandatory Local Government Candidate Training is available at

www.localgovernment.vic.gov.au/councilgovernance/candidate-training

Prospective candidates can also watch an online candidate information session and attend an online state-wide interactive candidate seminar at <u>vec.vic.gov.au</u>.

Candidate seminars will be held on Wednesday 9 September at 7pm, Sunday 13 September at 1pm and Tuesday 15 September at 5pm.

Women on Council workshop

Women's Health Loddon Mallee will be holding a two-hour interactive workshop to explore experiences and strategies to support women across the Loddon Mallee standing as candidates in October's local government elections.



It will share experiences of women in leadership with a regional focus, navigating online communications and key issues for candidates to consider. I'm very pleased to be invited to speak at the workshop, and there will also be an opportunity for discussion and questions.

The workshop will be held via Zoom on Wednesday 9 September from 4pm to 6pm.

Register at vlga.org.au by clicking on the Events & Training link and selecting WHLM: Women on Council workshop.

Sporting club grants open

Applications for the State Government's Sporting Club Grants Program are now open until 29 September 2020.

The program provides grants to help in the purchase of sports uniforms and equipment. It also provides grants to help improve the capacity and accessibility of Victorian clubs and other community sport and recreation organisations, and increase the skills of their coaches, officials and managers.

Community organisations delivering sport and active recreation programs anywhere in Victoria may apply.

To find out more and apply visit <u>https://</u> <u>sport.vic.gov.au/grants-and-funding/our-grants/</u> <u>sporting-club-grants-program</u>



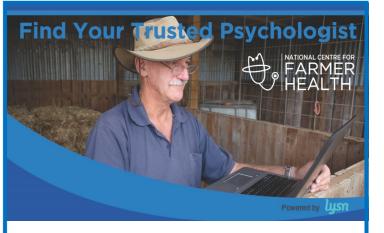
ADVERTISING in the *About Boort Newsletter* will begin November 2020.

Advertising is to support our local businesses and to serve our community. Private ads also available for garage sales, selling goods, birth notices, obituaries.

Prices Per Month (artwork ready) Price includes GST and payment is required prior to publication. The digital version is produced as full colour.

197w x 284h	Full page	\$200
197w x 140h	Half Page	\$100
96w x 140h	Quarter Page	\$50
96w x 70h	Eighth	\$25
96w x 35h	Sixteenth	\$12.50

Design Service is available - (prices will vary depending on requirements)



www.farmerhealth.org.au/access-a-psychologist-online



PROMOTE YOUR BUSINESS In the About Boort Newsletter

Articles for the **'About Boort'** newsletter must **arrive by 9.00am on the 20th of the month** for inclusion in the next newsletter. **Email: bric.boort@bigpond.com**





MAYORAL COLUMN 7 September 2020

COVID-19 business impact survey

Council is asking local businesses in all sectors to complete a short 15-minute survey to help assess the impacts of coronavirus (COVID-19) on businesses in the Shire and to create a support plan.

With COVID-19 having a significant impact on businesses and some sectors hit harder than others, Council wants to understand the economic impacts of the pandemic on our local business community.

Information from the survey will allow Council to identify challenges and priority areas on where attention can be focused. It will also be used to advocate to government and other agencies for support initiatives, where possible.

Businesses are being asked to complete the survey by Friday 18 September 2020. To complete the survey go to <u>www.surveymonkey.com/r/XQQCJ5R</u>

Information collected will be confidential and in accordance with Council's <u>Privacy Policy</u>. You can view Council's privacy policy on its website: <u>www.loddon.vic.gov.au/Our-Council/Plans-</u> <u>strategies-and-policies/Policies</u>

Business urged to get involved in Go Local First

Loddon Shire businesses are also being urged to get involved in the Go Local First campaign.

As part of the response to the impacts of COVID-19 on the small business sector, the campaign encourages communities to back small businesses by buying goods or services from them either in person or online. The campaign also encourages small business owners to use other small businesses as suppliers.

A variety of different marketing material will be available for businesses to use to promote the campaign and encourage the local community to Go Local First.

To find out more visit <u>www.golocalfirst.com.au</u>

The campaign is funded by the Federal Government and delivered by the Council of Small Business Organisations Australia (COSBOA).

Further COVID-19 business information and support is also available from Council's website <u>www.loddon.vic.gov.au/COVID-19/COVID-19-</u> <u>business-support</u>

Projects update

Council's 2019/20 footpath program is now complete, following the recent completion of two footpaths in Bridgewater.

Underground drainage works in Kiniry Street in Boort are now finished, with works on the street's footpath and kerb and channel underway.

Works are progressing well on the Old Inglewood Reservoir, with strengthening work on the reservoir's banks almost complete and works on top of the bank also underway. Work on the strengthening of the spillway is anticipated to start in a couple of weeks.

Major demolition and construction works are due to start on Sloan's Road Bridge this week.

Towns to receive electric vehicle chargers

Three of our towns will each see the installation of a 25 kilowatt electric vehicle charger, through the Central Victorian Greenhouse Alliance (CVGA) Charging the Regions project.

Wedderburn, Inglewood and Newbridge will each have an electric vehicle charger installed, which has been made possible through a Department of Environment, Land, Water and Planning (DELWP) grant.

The electric vehicle chargers will be installed in Inglewood's Market Street, adjacent to the community centre, at the Wedderburn car park near the public toilets, and opposite the general store in Newbridge (outside the public toilet block).

The installation and locations for the electric vehicle chargers were approved at Council's August meeting.

Candidate nominations open 17 September

The Victorian Electoral Commission (VEC) is reminding community members that nominations to stand as a candidate in the 2020 local council elections open on Thursday 17 September. Nominations close at noon on Tuesday 22 September.

Nominations must be lodged with the Election Manager during the short nomination period, so prospective candidates should act quickly to make sure they are prepared.

Prospective candidates should confirm their eligibility and complete the online mandatory Local

Victorian Multicultural Awards nominations open

Nominations are now open for the Victorian Multicultural Awards for Excellence.

This year's awards feature seven new categories. This includes the Community Response and Recovery category to honour the efforts of those who have assisted during the COVID-19 pandemic and the bushfires of early 2020.

Other categories include the Premier's Award for Community Harmony, Youth Leadership Media, Refugee Advocacy, Police, Business, Community Innovation and Health.

Victorians can be nominated for either paid or voluntary work.

Award recipients will be honoured during an online ceremony hosted by the Victorian Multicultural Commission later this year.

For more information about the awards, eligibility or to submit a nomination, go to <u>multiculturalcommission.vic.gov.au/multicultural-</u> <u>awards-for-excellence</u>.

Nominations close at 11.59pm on Sunday 11 October 2020.

MEDIA RELEASE

FURTHER INFORMATION: (03) 5494 1205

Loddon Shire community: Visioning for the future.

Loddon Shire Council has extended its thanks to the 186 community members and Council staff who contributed to phase 1 engagement activities for the Loddon Community Vision.

The consultation has unearthed 4 strong themes for our future which will be explored in further detail in phase 2 of the Community Vision engagement. The 4 aspirational themes identified through engagement include:

- A strong sense of community that is intrinsically linked to the identity of the Council area.
- Drive for greater prosperity through attraction of industry, business, and population.
- Natural environment that supports tourism, outdoor activities, agriculture, and a way life.
- Equity of access to infrastructure, services, and retail to support quality of life.

c Gri Cri t' If G ti C li Y

• Phase 2 of engagement will commence after Council elections and include:

- The formation and facilitation of the Community Reference Group.
- The facilitation of five community workshops (either in-person or online, dependent upon COVID-19 restrictions).
- Sending out reply paid postcards to seek further input from the community.

Expressions of Interest to join the Community Reference Group have been extended to allow more time for community members to consider if they would like to join.

The Community Reference Group is a great opportunity for community members to gain a greater insight into Council operations, priorities and constraints that will impact the areas future. The Group will then work together to form recommendations relating to the Community Vision, Council Plan and other strategic plans or projects referred to them by Loddon Shire Council over a twelve month period.

If you would like to join the Community Reference Group, please read the Community Reference Group terms of reference and fill in an expression of interest form located on Council's <u>website</u>. Completed forms can be emailed to loddon@loddon.vic.gov.au

You can be involved and stay up to date with The Loddon Project by:

- joining The Loddon Project Facebook group
- visiting The Loddon Project page on Council's website
- expressing an interest to join the Loddon Project Community Reference Group (CRG)
- keeping an eye out for community webinars and other engagement activities.





BOORT & COVID-19: MOVING FORWARD

A Chat with Councillor Neil Beattie

Lifelong Boort resident and local Loddon Shire councillor, Neil Beattie is very positive about the coming months in Boort, as Covid-19 restrictions are eased. He believes that morale in the town has remained high despite the challenges posed by the pandemic.

When reflecting on the impact of Covid-19 on the Boort community, Cr Beattie observed that many of the town's businesses were actually given a huge boost by the fact that no-one was leaving town and were shopping locally. He hopes that once travel restrictions are lifted, locals will continue to support Boort's businesses, as the pandemic has exposed how bereft the town would be without access to the essentials they provide.

He noted the exceptional level of care and professionalism of Boort District Health and the creative ways they have adopted to ensure patients remain connected with the community. He also acknowledged parents and staff from Boort District School who have been faced with the challenges of home schooling.

Cr Beattie is extremely upbeat as we move towards the summer period. The Loddon Shire have some exciting projects that will further enhance the town and assist the community. There have been up to 20 jobs created via the Working for Victoria program. The Shire has also received a grant of \$250,000 to assist local businesses as they deal with the impact of Covid-19. Additionally, there is the continued modernisation of the Lake precinct from the Croquet Club around to Nolen's Park where fencing and other work will take place. Another exciting project is the lighting of the tennis courts and the installation of a pump park (for bikes, scooters and skateboards) at the end of the tennis court area.

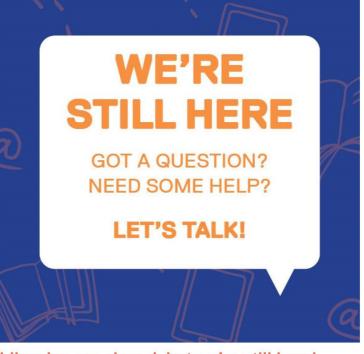
Cr Beattie recognised the importance of the community reconnecting with each other after the pandemic is over. He is confident that the traditional gathering place of many - the Railway Hotel, will reopen and he is working to support the transition to new operators. Another keystone of the community is the North Central Football League and Cr Beattie expressed concern that families may have found other alternative weekend pursuits. Although Boort FNHC is in good shape, it will be a challenge for some of the other clubs to rebuild after the 2020 break in competition. Despite the lack of football, hockey and netball, the Golf Club has been boosted by an influx of players enjoying the manicured fairways. As summer approaches, all reports indicate that the bowls, croquet, tennis and cricket clubs will all be operational.

In another good news story, the 2020 agricultural season has been excellent with crops looking really good. The grain receival centres will soon be buzzing with activity, providing employment for a large number of people.

Cr Beattie has been actively lobbying politicians for the easing of restrictions in rural Victoria. And now that the travel bans are starting to be lifted, he fully expects that the summer tourist season in Boort will be as vibrant and busy as ever. He is heartened by the spike in bookings at the caravan park. Cr Beattie suspects that people who have been in lockdown will be anxious to enjoy the outdoors and to reconnect with friends and family.

Cr Beattie acknowledged that 2020 has provided many challenges and a raft of new protocols, yet country people are well practised at overcoming hardship and he is confident that the Boort community will continue to thrive.

Susan Gould



Libraries are closed, but we're still here!

Our libraries may be closed, but staff are still busy working! Please <u>call or email</u> if you need to get in contact. Leave your details and we'll get in touch as soon as we can. Even if it's just for a chat!

We can help out with <u>eBook suggestions</u>, talk you through accessing or troubleshooting the <u>eLibrary</u>, or how to sign up to one of our <u>online events</u>.

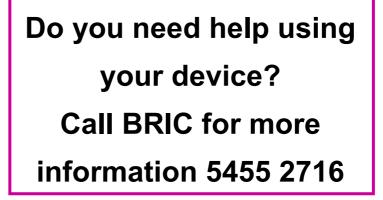
We're all in this together, so please stay connected via our <u>social media channels</u> and check our <u>website</u> for up-to-date information.

And remember, social distancing doesn't mean social isolation!



Be Connected

With social distancing requirements, there has never been a better time to get online!



A program of: arcjustice

FREE LEGAL ADVICE

We provide free legal advice in areas that include:

•Child Protection •Family Violence •Parenting Arrangements (Family Law) •Debt

To book a telephone or video link appointment, contact us:

PH: 5445 0909 or Freecall: 1800 450 909

DUTY LAWYER SERVICES

We can help people with family violence intervention orders via telephone at courts in Bendigo, Maryborough, Echuca, Kyneton and Castlemaine. Call us for more information.

SECONDARY LEGAL CONSULTATIONS

We also provide general legal information to workers in the health and community sector, to help you support your clients and make the most appropriate referrals. Secondary consultations are general in nature, so please do not share your client's name or any identifying information when speaking with our lawyers. Contact us to book a telephone appointment.

lcclc.org.au

Like us on Facebook

Image: A state of the state



BDH are currently operating with the recommended RESTRICTED ACCESS recommendations of the Department of Health.

ALL staff and visitors to the health service are being screened prior to entering the service delivery areas.

We encourage everyone to have a flu vaccine, especially if they intend on visiting an aged care facility as now it is mandatory for anyone working in or visiting and aged care facility.

FREE FLU VAX for over 65 / Bulk Billed

Echuca, Swan Hill & Bendigo health are now set up as the screening sites.

Our Facebook page is regularly being updated with our latest advice.

Our current residents and patients are continuing with a modified lifestyle program of activities such as bingo, craft and music to keep them stimulated and entertained.

Donna Doyle | Director of Clinical Services Boort District Health Phone: 0354 515 200 Fax : 0354 552 502 | v : 15200 | Email : Donna.Doyle@bdh.vic.gov.au Kiniry Street, PO Box 2, Boort, Victoria, 3537 Web Site: www.bdh.vic.gov.au





MAYORAL COLUMN 21 September 2020 continued

Healthy Minds Network Suicide Prevention Forum 2020

Registrations are now open for the Loddon Healthy Minds Network 2020 Suicide Prevention Forum (SPF20) on Thursday 22 October.

The forum, which will be held online from 9am to 3.30pm, will focus on suicide prevention strategies that work in rural areas.

The keynote speaker will be Ben Brooksby, who will discuss his journey that culminated in the establishment of the mental health awareness initiative the 'Naked Farmer'. A range of guest presenters will also speak at the forum.

The SPF20 forum event is free, thanks to support from Carer Support Services and the Victorian Department Health and Human Services.

To register please visit

www.loddonhealthyminds.com.au/suicideprevention-forum

Registrations close at 5pm, 21 October 2020. Program information and participation links will be provided closer to the forum date.

Community Plan allocations 2020/21

At its Ordinary Meeting last week, Council approved \$151,560 in project allocations under the 2020/21 Community Planning Program. Each year Council commits funds from its annual budget towards the completion of a number of community planning projects. This funding is based on a \$50,000 allocation per ward and a \$500,000 Community Planning Strategic Fund allocation.

Under this funding, Inglewood Ward will receive \$66,371, Tarnagulla Ward \$32,196 and Terrick Ward \$52,993 towards local projects. Projects include Stage 3 of the Bridgewater Memorial Hall restoration project, Tractor Engine Annex Construction at the Inglewood Eucalyptus Distillery Museum, wall repairs and painting at Arnold Hall and seed funding for outdoor exercise equipment installation in Newbridge. There is also funding towards the installation of a barbecue and shelter at the Calivil Recreation Reserve, redevelopment of toilet facilities at Dingee Hall and upgrading of electrical wiring at the East Loddon Community Centre.

In a separate agenda item, Council allocated \$500,000 towards the Boort Foreshore Sporting Precinct Development, as part of the 2019/20 Community Planning Strategic Fund. The funding will support the progress of the project, which will complement the recent installation of outdoor exercise equipment in Nolen's Park, along with the planned installation of a section of foreshore walking path. This will provide an uninterrupted path around Little Lake Boort.

Community newsletters annual allocation

Local community newsletters throughout our Shire will receive annual funding towards their production following an allocation of \$20,000 at Council's September meeting.

This annual allocation means community-based newsletters will no longer have to apply for funding through Council's Community Grants Program. These newsletters provide a valuable source of local information and events for their communities. With the reduced availability of a local newspaper, there is even more reliance on community newsletters to provide information about community activities, available services, business advertising, event promotion and Council news.

Grounded thinking workshop

Farming families are invited to the free online workshop "Grounded Thinking – a healthy mindset profitable and enjoyable farming". for To be held next Tuesday 29 September from 10.30am to 12.00pm, the workshop will be facilitated by Dr Kate Burke, who has 30 years' experience in agriculture consulting. The workshop is tailored specifically for farming families to help them feel more in control of their destiny, worry less and capture the profit opportunity each farming season presents. To register go to www.trybooking.com/BLEIS

Thank you

As this is my last Mayoral Column before the Council election period, I would like to take this opportunity to thank my fellow Councillors for their support during my time as Mayor, as well as Council staff.

As my time on Council draws to a close, I'd also like to acknowledge our communities for their support and friendship throughout my time as Mayor, and as Terrick Ward Councillor. It has been a privilege to serve the communities of Loddon, and I wish you all well for the coming year.

SOCIAL SATURDAYS

Boort Lawn Tennis Club presents-

STARTING SATURDAY OCTOBER 17TH 1.30PM START. ALL ABILITIES WELCOME. \$5 FEE. BAR **OPEN. BYO FOOD.**

Covid regulations will apply- social distancing, masks worn when not playing.

NAMES TO BE IN BY 12PN ON THE SATURDAY Alister McDougal 0427221098 KRISTEN GOODING- 0407857894



"The people coughing, the people gasping for air - it was terrifying."

Sam was admitted to the COVID ward, struggling to breathe, to the sound of others around him coughing and gasping for air. One by one, he watched patients get taken into negative pressure rooms, sealed off by multiple doors, with no support network.

As a healthcare worker who's now recovering at home, Sam's hope is that in this fight against coronavirus, we all understand that we are the front line.

We all have a part to play by staying home to help stop the spread of the virus. If you have symptoms - please get tested. Payments of \$450 are available to help you stay home and wait for your test result.



To learn more of Sam's story go to vic.gov.au/CORONAVIRUS

Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne



Coping during COVID-19

THINGS WITHIN YOUR CONTROL - FOCUS ENERGY HERE





Spend time doing things you enjoy

Limit time on social media





Focus on the positives

Maintain a healthy lifestyle

THINGS OUT OF YOUR CONTROL – DON'T WASTE ENERGY HERE





What others do

How others feel





What the government will do next

When a vaccine will be made

If you're feeling worried or overwhelmed, please contact the Flying Doctor Wellbeing team on (03) 8412 0480 or wellbeing@rfdsvic.com.au







Stay connected to others



Stick to a routine



Wash your hands regularly



Learn a new skill



How long COVID-19 will last



What's available in the shops



Others peoples thoughts and ideas



Who becomes unwell or not

Important information

for Loddon Shire residents

Coronavirus (COVID-19)



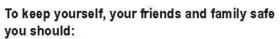




If you have any of the symptoms of coronavirus (COVID-19), however mild, you should seek advice and get tested.

Symptoms include:

- fever
- chills
- cough
- sore throat
- · shortness of breath
- runny nose
- · loss of sense of smell or taste

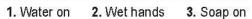


- keep your distance stay 1.5 metres away from others
- · practise good hygiene, including washing your hands
- · stay at home, especially if you are unwell
- if you do need to leave home wear a face mask
- · if you can work from home, you must continue working from home

Find out more from VicGovDHHS: www.dhhs.vic.gov.au/coronavirus

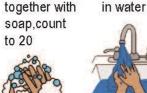
1.5m

How to wash your hands



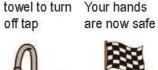


4. Rub hands together with hands





5. Rinse hands 6. Dry hands



Finished.



7. Use that

Five Ways to Wellbeing

'5 Ways to Wellbeing' focuses on 5 simple ways to improve your wellbeing. A "healthy mind is just as important as a healthy body". Everyone can 'try the 5' at home, work or during study. It costs nothing and it's easier than you think!

	Connect	Being with friends, family and
*	Be Active	Being active can increase you weight, increase your muscle i will improve your looks and pro
0	Keep Learning	Learning new things can be fu helps us to find meaning and p
	Be Aware	Take time to stop and be awar you are in and your thoughts a
	Help Others	Most people would agree that it can also improve your wellbe

Being in contact with others during coronavirus (COVID-19)

Are you feeling lonely or missing people contact?

You are not alone. Many of us find it hard having to keep our physical distance from others. Add to this work-related restrictions and it's easy to feel lonely and disconnected. If you already felt lonely or isolated before COVID-19, it's been even harder to get help.

There are a lot of groups that can help you.

One call to the COVID-19 hotline on 1800 675 398 will put you in touch with a caring Red Cross volunteer. They will talk with you about your needs and the help that could make you feel more connected. They can also provide a friendly ear if you are worried or anxious. If you would like, they can put you in touch with a community connector in your area. Your local 'community connector' will call you to organise supports available in your area.

ary Care Par

127 King Street, Bendigo VIC 3550 Telephone: (03) 4444 2414 www.blpcp.com.au



others is important for good health and wellbeing.

ur good moods. It will also keep you at a healthier mass and increase your brain cells. As well as this it revent or delay the onset of many illnesses.

un, boost our self confidence and self-esteem. It also purpose in life and connects us with others

re of what's around you. Pay attention to the moment and feelings.

helping others is a good thing to do. Research shows eing.

Strong Families Strong Children (SFSC) Loddon

Loddon Shire has a Strong Families Strong Children (SFSC) program. This program aims to help get all children 0-8 years in the Loddon Shire ready for school.



During COVID-19 SFSC has been working directly with families and service providers. They can give you resources via phone, email, online or through their Facebook page @SFSCLoddon.

If you need support or help contact Susie Hawke our Early Years Facilitator. Call Susie on 0418 811 414 or send her an email: s.hawke@ncllen.org.au



PO Box 21 Wedderburn VIC 3518 Telephone: (03) 5494 1200 Local Free Call: 1300 365 200 www.loddon.vic.gov.au

Emergency Call 000

ff?

114461

Coronavirus Hotline 1800 675 398

Youth

YSAS

Headspace

78-80 Pall Mall, Bendigo

W: www.headspace.org.au

39 Garsed Street, Bendigo

W: ysas.org.au/ysas-bendigo

Open: Mon-Fri: 9am to 8pm

Employment Network

P: (03) 5491 1144

for testing

Bendigo Health

P: (03) 5454 6000

Co-operative

P: (03) 5442 4947

P: 1800 573 196

P: (03) 5451 0200

Pyramid Hill.

By appointment only.

Boort District Health

3 Kiniry Street, Boort

By appointment only

P: (03) 5451 5200

P: (03) 5431 7000

advertised

By appointment only

By appointment only

North Central Local Learning &

Coronavirus screening

100 Barnard Street, Bendigo

W: www.bendigohealth.org.au

Bendigo & District Aboriginal

Bendigo Respiratory Clinic

119 Prouses Road, North Bendigo

126 Spring Gully Road, Spring Gully

Northern District Community Health

Kerang 5 days/week. Pop-up clinics in

Inglewood and District Health Service

By appointment unless otherwise

P: (03) 5406 1400

P: 1800 458 685

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Family services

ChildFIRST Bendigo

Catholic Care Family Services P: 1800 260 338 or (03) 5440 1147 W: www.anglicarevic.org.au/what-wedo/supporting-families/child-first/

Tenancy advice & advocacy

Housing Justice Free Call: 1800 450 990 Open: Mon-Fri: 9am to 5pm

Aboriginal services

Bendigo & District Aboriginal Co-operative

119 Prouses Road, North Bendigo P: (03) 5442 4947 W: www.bdac.com.au/

Alcohol & other drugs

Northern District Community Health P: (03) 5451 0200

Direct Line

P: 1800 888 236 W: www.directline.org.au/ Open: 24 hours/day

QUIT Victoria (Smoking)

P: 13 78 48 W: www.quit.org.au/ Open: 24 hours/day

Food support

East Loddon Food Share **Program Inc**

Servicing wider Loddon region including Boort and Pyramid Hill 789 Dingee Road, Dingee P: 0438 028 656

Food Bank Wedderburn

Neighbourhood House 24 Wilson Street, Wedderburn P: (03) 5494 3489

Meals on Wheels (Loddon Shire Council)

P: (03) 5494 1200 W: www.loddon.vic.gov.au



6. Finished - do not touch mask while on

1. Wash hands. count to 20

Supermarkets

Boort Supermarket 96 Godfrey Street, Boort P: (03) 5455 2418

Champions IGA Inglewood 36 Brooke Street, Inglewood P: (03) 5431 7300

Randalls Foodworks 15 Kerr Street, Wedderburn

P: (03) 5494 3100 Pyramid Hill Supermarket 2 Kelly Street, Pyramid Hill

Financial services

CentreLink - Services Australia (COVID19) P: 13 24 68 W: www.servicesaustralia.gov.au

National Debt HelpLine P: 1800 007 007 W:ndh.org.au/ Open: 24 hours/day



Centre (BRIC) 119-121 Godfrey Street, Boort P: (03) 5455 2716 E: bric.boort@bigpond.com

Inglewood Community

Neighbourhood House Cnr Verdon & Market Streets, Inglewood P: (03) 5438 3562 E: info@icnh.org.au

Pyramid Hill Neighbourhood House

43 Kelly Street, Pyramid Hill P: (03) 5455 7129 E: phnh@bigpond.com

2. Use strings to

pull off mask

Wedderburn Community House

24 Wilson Street, Wedderburn P: (03) 5494 3489 E: admin@wedderburnch.org.au

3. If mask is one-use, 4.

put in bin



If mask is cloth.

put in wash

5. Wash hands, count to 20. Finished

Loddon Shire service contacts

Loddon Shire

Community Services/ Emergency Assistance/ **Business Support** P: (03) 5494 1200 W: www.loddon.vic.gov.au Open: Mon-Fri: 8.15am to 4.45pm Weekends: Closed

Hospitals

Boort District Health 3 Kiniry Street, Boort P: (03) 5451 5200 E: admin@bdh.vic.gov.au

Inglewood and District Health Service 3 Hospital Street, Inglewood P: (03) 5431 7000

E: admin@idhs.vic.gov.au

Police

Emergency call 000 Non-emergency call 131 444

Boort Police Station 8 Station Street, Boort P: (03) 5455 2000

Bridgewater Police Station

1 Park Street, Bridgewater P: (03) 5437 3232

Inglewood Police Station 98 Grant Street, Inglewood P: (03) 5438 3200

Pyramid Hill Police Station 9 Victoria Street, Pyramid Hill P: (03) 5455 7000

Serpentine Police Station

2 Tresise Street, Serpentine P: (03) 5437 8318

Tarnagulla Police Station 68 Commercial Road, Tarnagulla P: (03) 5438 7333

Wedderburn Police Station 90 High Street, Wedderburn P: (03) 5494 3300

Free legal advice

Loddon Campaspe Community Legal service Free Call: 1800 450 909 Open: Mon-Fri: 9am to 5pm

Putting on and taking off a face mask

LODDON

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Pharmacies

Boort Community Pharmacy 108-112 Godfrey Street, Boort P: (03) 5455 2044 Open: Mon-Fri: 9am to 5.30pm Saturday 9am to 12pm

Inglewood Pharmacy 30-36 Brooke Street, Inglewood

P: (03) 5438 3021 Open: Mon-Fri: 9am to 5.30pm Saturday: 9am to 1pm

Pyramid Hill Pharmacy 15 Kelly Street, Pyramid Hill

P: (03) 5455 7016 Wedderburn Pharmacy

71 High Steet, Wedderburn P: (03) 5494 3309 Open: Mon-Fri: 9am to 5.30pm Weekends: Closed

Community health/GPs

Boort Medical Centre 2 Coutts Street, Boort

P: (03) 5451 5200 Open: Mon-Fri: 9am to 5.30pm Weekends: Closed

Dingee Bush Nursing Centre

21 King Street, Dingee P: (03) 5436 8309 Open: Mon-Fri: 9am to 5.30pm Weekends: Closed

Marong Medical Centre (Inglewood)

8 Hospital Street, Inglewood P: (03) 5438 3308 Open: Mon-Fri: 9am to 5.30pm

Weekends: Closed **Boort and Pyramid Hill Community**

Health Services P: (03) 5451 0200

Northern District Community Health (Pyramid Hill)

12 Victoria Street, Pyramid Hill P: (03) 5455 7065 Open: Mon-Fri: 9am to 5pm Weekends: Closed

Wedderburn Health Clinic

25 Wilson Street, Wedderburn P: (03) 5494 3511 Open: Mon-Fri: 9am to 5.30pm Weekends: Closed



1. Wash hands, count to 20

ΔA

2. Bring mask to face



Rural Financial Counselling Service For Farmers & Small Business Owners



Neighbourhood houses

Boort Resource & Information









behind ears

Mental health

Bendigo Health Mental Health Triage 100 Barnard Street, Bendigo P: 1300 363 788 Open: 24 hours/day

Northern District Community Health P: (03) 5451 0200

LifeLine P: 13 11 14 W: www.lifelinecvm.org.au Open: 24 hours/day

Loddon Healthy Minds Network W: www.loddonhealthyminds.com.au

ACSO - Regional Victorian Mental Health Intake Line P: 1300 022 760 W: www.acso.org.au/aod-mh-support Open: Mon-Fri: 9am to 5pm

Domestic/ Family violence



1800 Respect P: 1800 737 732 W: www.1800respect.org.au/ Open: 24 hours/day

Centre for Non-Violence (CNV)

P: 1800 884 292 W: www.cnv.org.au/ Open: Mon-Fri: 9am to 5pm

Safe Steps Family Violence **Response Centre** P: 1800 015 188

Open: 24 hours/day

Centre Against Sexual Assault

Central Victoria P: 1800 806 292 W: casacv.org.au/ Open: 24 hours/day

Women's health



Women's Health Loddon Mallee 47 Myers Street, Bendigo P: (03) 5443 0233

Open: Mon-Fri: 9am to 5pm Weekends: Closed



4. Mask must cover nose and mouth



5. Mask must fit under chin