



# ABOUT **Boort**

EDITION 205 DECEMBER 2021

Contact BRIC on 5455 2716 or email [bric.boort@bigpond.com](mailto:bric.boort@bigpond.com) to receive the 'About Boort' via email.



## **SERVING OUR LOCAL COMMUNITY**



*This Children's Week event was presented by Boort Resource and Information Centre in partnership with the Victorian Government*



Celebrated with the children in Years Prep to Six at the Boort District School

See inside page for story



## Children's Week Activity at Boort District School

The Victorian Department of Education and Training invited eligible organisations to apply for a grant to contribute to the cost of hosting a Children's Week activity that celebrated the theme ***Children have the right to choose their own friends and safely connect with others.*** Children's Week 2021 was held within the 23<sup>th</sup>—31<sup>st</sup> October 2021.

Over three days the children created a collaborative canvas approx. 3 meters by 1.5 meters. It was digitally recorded as they produced the canvas. The children discussed with Sophia (BRIC Manager) concepts around friendship and resilience before they began to contribute to the canvas. Through creating the artwork together the students learnt to make choices and recognise their emotions while creating art together.

The activity also included listening to a digital reading of the story *The Most Magnificent Thing* by Ashley Spires.

Thank you to Ros Lanyon for organising the classes to participate in the event. Thank you to Sophia Herrington for organising the event and engaging the students in a meaningful activity that provided a space and time to collaborate with friends. Most importantly thank you to the students for participating and demonstrating amazing qualities when sharing and working as a team. The families and school can be very proud.

The digital image will be displayed online as a high-speed creation in progress online (coming soon). The canvas is currently displayed in the Boort Resource and Information Centre foyer.



Boort  
District Health

FREE SAUSAGE IN BREAD

LIVE MUSIC

MERRY-GO-ROUND 5:30-6PM & 7-7:30PM

SMOOTHIE BIKES

**LIGHT THE LANTERNS**

INFORMATION AND RESOURCES ABOUT

BOORT DISTRICT HEALTH RESPONSE TO FAMILY VIOLENCE

**16 Days of Activism Against Gender Based Violence is an international campaign to challenge violence against women and girls. The campaign runs every year from 25<sup>th</sup> November, the International Day for the Elimination of Violence Against Women, to the 10<sup>th</sup> December, Human Right's Day.**

LIGHT THE  
WAY

NOLEN'S PARK  
BOORT

**Friday 10<sup>th</sup> December 2021**  
**5PM TIL SUNSET**

## Community Vision and Council Plan adopted

At its meeting last week, Council adopted the Loddon Shire Community Vision 2031 and Council Plan 2021-2025.

The Community Vision 2031 and Council Plan 2021-2025 reflect Council's commitment to listen to our community's vision for the future and deliver a progressive and future-focused plan that will see the Shire continue to grow and prosper.

These critical documents were developed with feedback and collaboration from the community, including through The Loddon Project, which undertook extensive community engagement across the Shire.

The Community Vision 2031 is:

*Creating a community where everyone is welcome and has the opportunity to live, work and thrive.*

This Community Vision is supported by the Council Plan's key themes, each with their own strategic objectives. These themes are:

- A sustainable built and natural environment
- A growing and vibrant community
- A diverse and expanding economy
- A supported and accessible community

On behalf of Council, I'd like to thank all the community members who contributed to The Loddon Project and who provided feedback to the draft Council Vision and Council Plan. This involvement was crucial in developing a blueprint for Loddon Shire's future.

This Community Vision and Council Plan puts us in good stead to advocate for additional Federal and State Government investment in our community to build on our goals – including population growth, infrastructure, sustainability, the environment and youth.

Council also adopted the Financial Plan 2020-21 to 2030-31, which guides Council in long-term decision-making and supports achievement towards the Community Vision 2031 and Council Plan 2021-2025.

The Community Vision and Council Plan and 10-year Financial Plan documents are available at [www.loddon.vic.gov.au/Our-Council/Plans-strategies-and-policies/Plans-and-strategies](http://www.loddon.vic.gov.au/Our-Council/Plans-strategies-and-policies/Plans-and-strategies)

## Neighbourhood Safer Places Plan adopted

At its meeting last week, Council adopted the most recent Loddon Shire Council Neighbourhood Safer Places Plan (NSP) – September 2021.

The plan includes and confirms designated NSPs within our municipality in the townships of Boort, Bridgewater, Inglewood, Pyramid Hill, Serpentine and Wedderburn.

Neighbourhood Safer Places are located at:

Boort Park Recreation Reserve (oval only)

Bridgewater Memorial Hall (grounds only)

Inglewood – J Sloan Park Playground (between the swimming pool and tennis courts)

Pyramid Hill – Mitchell Park Recreation Reserve (oval only)

Serpentine Recreation Reserve (Janiember Park) (oval only)

Wedderburn – Donaldson Park (oval area only)

NSPs are places of last resort when all other bushfire plans have failed. They are not community fire refuges or emergency relief centres. They do not replace any planning you have in place to respond to a fire nor a response to emergency alerts – including evacuation warnings.

For more information about NSPs, please visit the CFA website at <https://bit.ly/3jTA5d9>

## Annual Report 2020/21

At its meeting Council also noted the Annual Report 2020/21, which provides information about Council's operations and performance, as well as Financial and Performance Statements during the year.

The document is also an opportunity to reflect on the past year, as well as highlight the achievements of Council, Council staff and the community.

You can view the Annual Report 2020/21 (and past annual reports) at [www.loddon.vic.gov.au/Our-Council/Annual-Report](http://www.loddon.vic.gov.au/Our-Council/Annual-Report)



## Welcome to Lincoln

I'd like to welcome Loddon Shire Council's new Chief Executive Officer, Lincoln Fitzgerald who started with Council on Monday.

Together with Councillors, I look forward to working with Lincoln, particularly as Council

embarks on its new Community Vision 2031 and Council Plan 2021-2025.

I'd again like to thank Jude Holt who acted in the Chief Executive Officer role during the recruitment process.

Jude finished with Council last Friday.



**MAYORAL COLUMN**  
**16 November 2021**

## Looking forward

I'd like to thank my fellow Councillors for electing me Mayor at last Tuesday's Special Council Meeting. It is truly an honour to be elected to such a position for the coming 12 months.

I look forward to bringing a fresh new approach to Loddon Shire and take the role of Mayor on in the best interests of the people I represent, as well as working closely with staff and Council's new Chief Executive Officer.

I'd also like to take this opportunity to acknowledge and thank Cr Neil Beattie for his excellent leadership as Mayor for the past year.

His leadership and contribution as Mayor to Council and the community has been invaluable – particularly during the COVID-19 pandemic.

I hope that my leadership will help to bring prosperity for the younger generation and make Loddon Shire a great place for future generations to live, work and thrive.

## What if I have to self isolate?

With the easing of COVID-19 restrictions we are now all starting to move around more.

As we do begin to socialise more and attend venues, events and gatherings, we may come into contact with the virus and need to isolate at home for a period of time.

Council is encouraging residents to plan ahead to be ready to isolate at home if this occurs.

This includes having some meals in the freezer and a few extra pantry items on hand, until food delivery can be arranged, and ensuring you don't wait until the last minute to get any prescriptions filled – having a few extra days' supply of medication on hand.

Council also advises having a few extra days of food available for pets, and chatting to family and friends to know who might be able to help you out if needed.

For more information on what to do if you test positive for coronavirus, visit [www.coronavirus.vic.gov.au/what-to-do-if-you-have-covid-19](http://www.coronavirus.vic.gov.au/what-to-do-if-you-have-covid-19)

## Belgravia Leisure now recruiting

Belgravia Leisure is calling on people interested in working at a Loddon pool this summer to submit an expression of interest.

There are five swimming pools within Loddon Shire, located at Boort, Inglewood, Mitiamo, Pyramid Hill and Wedderburn. The swimming pool season gets underway this week, with pools due to open this Saturday (20 November).

Council appointed Belgravia Leisure to manage its swimming pools after awarding the contract to the company at its September meeting.

To find out more about working at a Loddon pool and to submit an expression of interest, visit <https://belgravialeisure.com.au/simply-the-best-summer-jobs/>

## Accessing help for young people: parent/carers webinar

headspace National in conjunction with headspace Bendigo are presenting a webinar for parents and carers of young people to learn about what you can do to provide support for your young person around their mental health.

The webinar will present information around mental health awareness, the conversational approach to mental health and well-being, available mental health support services, and practical strategies and resources to support mental health.

The webinar will be held on Monday 6 December from 7pm to 8pm via Zoom.

To register go to <https://bit.ly/3Dilq2q>

For more information email:

[programsupport@headspace.org.au](mailto:programsupport@headspace.org.au)

## North Central LLEN Youth Take Over

If you're a young person looking to get some work experience to help you find a job, North Central LLEN's Youth Take Over can help.

The program provides young people with work experience, industry contacts and transferable workplace skills to help when applying for jobs.

Current Take Overs available include: Design and create murals for a business and Make a website for local artisans.

To find out more (including more Take Overs in the near future) go to [www.ncllen.org.au/take-overs.html](http://www.ncllen.org.au/take-overs.html)

## Lockdown pests, weeds and diseases this harvest

Agriculture Victoria is encouraging farmers to be aware of farm biosecurity measures at harvest time.

According to Agriculture Victoria, the movement of grain harvest contractors between farming regions can spread diseases, pests and weeds through soil and plant matter found on clothing, vehicles, machinery and grain handling equipment.

The department is encouraging farmers to be aware of biosecurity risks that moving from farm to farm can pose and mitigate these risks, including asking some questions.

These include asking where the contractor last worked, if any properties had any hard-to-kill or pesticide resistant weeds, insects and diseases, what crops were harvested, and when, how and where did they clean their vehicles and equipment down.

For more farm biosecurity information, free biosecurity gate signs and farm biosecurity booklets call Agriculture Victoria on 136 186.

More information is also available from the Exotic Plant Pest Hotline on 1800 084 881 or visit

[www.planthealthaustralia.com.au](http://www.planthealthaustralia.com.au),  
[www.farmbiosecurity.com.au](http://www.farmbiosecurity.com.au) and <https://agriculture.vic.gov.au>



**MAYORAL COLUMN**  
**23 November 2021**

## Further easing of restrictions

Last week the Victorian Government announced the lifting of almost all remaining restrictions statewide for fully vaccinated people. There are now no limits in the home and no caps or density limits for cafes and restaurants. We are pleased to be able to welcome tourists and visitors to our businesses and natural attractions in the Loddon Valley.

Masks are required for workers and customers at indoor retail, for visitors and select workers in hospitals or care facilities, for people using public transport, taxi/rideshare and planes, and for workers serving the public at hospitality venues.

Masks are also required for primary school staff and visitors and for students in Years 3 to 6.

For more information regarding COVIDSafe Settings for living and working in Victoria, visit

[www.coronavirus.vic.gov.au/coronavirus-covidsafe-settings](http://www.coronavirus.vic.gov.au/coronavirus-covidsafe-settings)

The Victorian Government also announced changes around isolation requirements. The vast majority of people who come into contact with a confirmed positive case outside their home will no longer have to self-quarantine. These contacts will be required to get a standard (PCR) test and isolate until they get a negative result.

This means exposure in places like offices, restaurants or nightclubs won't automatically result in quarantine for the patrons or staff, who previously would have been designated Primary Close Contacts at Tier 1

exposure sites.

The Department of Health will continue to manage emerging outbreaks of concern and 'superspreader events' and can impose a quarantine period on contacts on a case-by-case basis, depending on evidence.

Exposure sites will no longer be published. Instead, the Department will use the new alert function in the Service Victoria app to notify patrons of higher-risk venues where positive cases have been present – such as restaurants, gyms and nightclubs – and advise them to get tested.

The Victorian Government has developed a COVID Checklist, which provides information on what to do if you test positive to COVID-19. You can view the information at [www.coronavirus.vic.gov.au/checklist](http://www.coronavirus.vic.gov.au/checklist)

## Fire Danger Period for Loddon now in effect

The Fire Danger Period for Loddon Shire began at 1am on 22 November.

This means that fires cannot be lit in the open air without a written permit from the CFA or Municipal Fire Prevention Officer.

Fire Danger Periods are based on local conditions and take into account fuel moisture, fuel loads, grassland curing, weather and rainfall.

Lighting a fire in the open without a permit is an offence and can bring a penalty of over \$19,000 and/or 12 months imprisonment.

Barbeques and fires for cooking and warmth do not require a permit, but must be lit in properly constructed fireplaces.

The use of an incinerator, chainsaw/lawn mower, welding/grinding equipment and vehicles that come in contact with vegetation and machinery with an internal combustion/heat engine are permitted provided conditions are followed.

For more information about what you can and can't do during the Fire Danger Period visit [www.cfa.vic.gov.au/warnings-restrictions/can](http://www.cfa.vic.gov.au/warnings-restrictions/can)

To apply for a fire permit visit <https://firepermits.vic.gov.au/>

Farmers can find legal guidelines and practical advice at [cfa.vic.gov.au/plan-prepare/farms](http://cfa.vic.gov.au/plan-prepare/farms)

This information is important especially for new farmers, bush block owners or hobby farmers.

## Women Entrepreneurs in Conversation

Startup Central Victoria together with the Regional

Health Innovation Hub will hold a free online event focusing on a conversation about data and health celebrating the achievements of women entrepreneurs in regional Victoria.

The event, *Women Entrepreneurs in Conversation – data and health*, will be held on Wednesday 1 December from 5.30pm to 6.30pm.

It will feature three speakers: Castlemaine based Founder and Director in the health, technology and social innovation sectors Lexi Randall-L'Estrange, founder of Rural Health Connect Megan Gomez and co-founder of Bendigo-based firm Square V Vicki Lane.

For more information and to register visit

[www.eventbrite.com.au/e/women-entrepreneurs-in-conversation-tickets-210748132337](http://www.eventbrite.com.au/e/women-entrepreneurs-in-conversation-tickets-210748132337)

## Business recovery and resilience mentoring

The Victorian Chamber of Commerce and Industry in partnership with the Victorian Government is offering free business mentoring for eligible businesses.

The Business Recovery and Resilience Mentoring Program offers tailored guidance on business recovery, market transformation, digital literacy and engagement, market and supply chain diversification and reskilling and retraining.

Participants in the program receive up to four, free two-hour sessions with a mentor, will be given guidance to help make informed decisions about the future of their business and be matched with an industry leader who suits their business needs.

Applications for the program, which has limited spaces remaining, are closing soon.

For more information and to apply visit <https://bit.ly/3oV7NAS>

## WHAT'S ON

***We encourage community members to check directly with event organisers to see if listed events are proceeding. If events have been cancelled and the Loddon Shire has not received notice, they may still appear below.***

### Dunolly and District Field and Game Club Inc.

Sunday, 28 November 2021 | 11:00 AM to 03:00 PM

All visitors (both shooters and non-shooters) are welcome to attend our event.

28 November - 11am 50/32 targets simulated field sporting clays

Meetings are held bi-monthly on the 1st Wednesday

of the month (7.30pm) at the SES Shed on Broadway in Dunolly.

For more information contact Nigel 0448 483 752 or Gordon 0428 890 908

530 Dunolly-Eddington Road, Dunolly 3472

### Wedderburn Shopping Extravaganza

Friday, 03 December 2021 | 06:30 PM to 09:00 PM

A fun shopping experience that will get you started on your Christmas Shopping.

A major fundraiser for the Country Women's Association with all proceeds donated back into the community.

Free entry, includes a glass of champagne or orange juice on arrival and a light supper from 8pm. Entertainment includes: Live music performer Mikala McNeil & a fabulous fashion parade.

Over 30 stalls to explore and over 30 raffle prizes to be won.

Come and enjoy a night out and support local businesses and your local CWA group.

Proudly supported by Loddon Shire and the Wedderburn CWA.

Contact: Julie 0457 904 119

Email: [juliebenaim@gmail.com](mailto:juliebenaim@gmail.com)

K.L.C Wedderburn Secondary College, Cnr Chapel & Hospital St, Wedderburn 3518

### 2021 Wedderburn White Twenty Darts Tournament

Saturday, 4 December 2021 to Sunday 5 December 2021 | 8:30 AM

Hosted by the Loddon Darts Association Inc.

\$5,500.00 total prize pool (subject to entry numbers).

Team registrations Saturday & Sunday by 8:30am for a 9am start. Round Robin format, 5 players per team, plus up to 3 reserves. No requirement to play Saturday to qualify for Sunday. Individual prizes shared if multiple winners.

No BYO alcohol to be brought into the venue.

Entries & enquiries to Robert Day 0439 372 118

Email: [robert.day83@y7mail.com](mailto:robert.day83@y7mail.com)

Wedderburn Mechanics Institute Hall, Cnr High St & Reef St, Wedderburn 3551

### Wedderburn's Christmas on High

Thursday, 09 December 2021 | 05:00 PM to 08:00 PM

The Christmas on High festival is the perfect opportunity to pick up beautiful gifts, catch up with friends, take the children to visit Santa's cave and enjoy the decorated windows as you wander along High Street.

To get everyone in the Christmas spirit join in with the

Community Carols and look out for the man in red arriving with a sack full of goodies.

A great night for all with presentations for the best decorated shop window and house.

Contact: Marg Van Veen 03 5494 3489

<https://www.wedderburnch.org.au> <https://www.facebook.com/WedderburnCommunityHouse>

Soldiers Memorial Park, High Street, Wedderburn 3518

## Inglewood Lions Country Market

Saturday, 11 December 2021 | 9:00 AM to 2:00 PM

Our friendly country market is held on the second Saturday of each month.

Managed by the Lions Club of Inglewood.

Contact Eddie 0472 539 874 or check Inglewood Lions Country Market Victoria 3517 Facebook page for any Committee decisions to close the market due to COVID-19 precautions.

E: [inglewood@lions201v1-4.org.au](mailto:inglewood@lions201v1-4.org.au)

Brooke St, Inglewood 3517

## Tarnagulla Archive Open Day

Sunday, 12 December 2021 | 10:00 AM to 3:00 PM

The Tarnagulla History Archive is a repository for all things related to the local history of Tarnagulla and its surrounding district.

At our Open Days visitors can:

View temporary displays of local history images, footage and artefacts

Have local and family history questions answered by a local historian

Lodge research requests

Order copies of historical images

Buy local history books

Register interest as a volunteer, a donor or for email updates

The Archive is open to the public from 10am-3pm on certain Sundays throughout the year. We will also accommodate access by appointment wherever possible (please email us).

Contact David 0417 392 260 or visit our Facebook page: Tarnagulla History Archive

Email: [tarnagullahistoryarchive@gmail.com](mailto:tarnagullahistoryarchive@gmail.com)

Tarnagulla Public Hall, 69-71 Commercial Road, Tarnagulla 3551

## 2022 Australian Masters Water Ski Championships

Friday, 21 January 2022 | 08:00 AM to Sunday, 23 January 2022 | 03:30 PM

Established in November 1960, the Bridgewater Water Ski Club is situated on the Loddon River in the heart of

Bridgewater.

Hosted over three days this event attracts Australia's best athletes in the country in water skiing, slalom, trick and jump and includes competitors in all age groups ranging from under 10 to over 65 as well as our top national open men's and women skiers.

Contact Craig 0409 182 050

Email: [craigsclc29@outlook.com](mailto:craigsclc29@outlook.com)

Bridgewater Public Caravan Park, Park St, Bridgewater on Loddon 3516



## ADVERTISING in the About Boort Newsletter

Advertising is to support our local businesses and to serve our community.

Private ads also available for garage sales, selling goods, birth notices, obituaries.

### Prices Per Month (artwork ready)

Price includes GST and payment is required prior to publication. *The digital version is produced as full colour.*

197w x 284h	Full page	\$200
197w x 140h	Half Page	\$100
96w x 140h	Quarter Page	\$50
96w x 70h	Eighth	\$25
96w x 35h	Sixteenth	\$12.50

**Design Service is available - (prices will vary depending on requirements)**

## BOORT WALKING GROUP

Meets Every Tuesday at Nolen's Park

fitness equipment area.

Walking is at your own pace and there is no expectation to walk the full lap of the lake.

**Maree Stringer:** Social Support Co-ordinator  
Boort District Health

**Sophia Herrington:** BRIC





## Loddon Shire Mayor *Cr Dan Straub elected as Mayor*

Councillor Dan Straub has been elected as Loddon Shire Mayor at a Special Council Meeting.

Cr Straub, who is the Councillor for Terrick Ward, said he was delighted to be elected to the role.

“I’d like to thank my fellow Councillors for electing me as Mayor – it is a great honour,” Cr Straub said.

“I’d also like to acknowledge and thank Cr Beattie for his excellent leadership as Mayor for the past year.

“His leadership and contribution as Mayor to Council and the community has been invaluable.

“I also look forward to working with Councillors, staff and the community during the coming year as Mayor,” Cr Straub added.

“This includes delivering Council’s Community Vision 2031 and Council Plan 2021-2025, which will shape the future direction of our Shire.”

Cr Straub recognised that the past year had again had its difficulties with impacts on local businesses and the community due to COVID-19 and subsequent restrictions.

“However, we are now seeing some light on the horizon with the recent easing of restrictions, which is very positive,” he said.

“Together with Council, I look forward to working with our community and businesses as we continue on Victoria’s Roadmap towards reopening.”

BOORT DISTRICT HEALTH

# SAVE THE DATE

## OPEN ACCESS MEETING

TUESDAY 7 DECEMBER 2021  
AT 2 PM  
BOORT MEMORIAL HALL

This event will be conducted under COVID guidelines, all guests are required to be fully vaccinated and QR code check in.

For more information please contact Kathryn Velleley on 5451 5200



## BOORT BOWLS

# Club

The opening night of Bare Foot Bowls commenced on Thursday 18th. November with a very good attendance.

Bare Foot Bowls will continue each Thursday commencing at 7 p.m. until 16th. December.

A short break will then be taken over the Christmas New Year period. Anybody who is still interested in playing on a Thursday is very welcome to attend. Bowls are available at the Club-House.

Congratulations to Shayne Morris (Skip), Laurie Maxted and Tony Matley on winning the Men's North Central Playing Area State Triples against a St. Arnaud Country Club Team and we wish them good luck and good bowling when they represent North Central at Regional Level next March.

Thelma Moresi (Boort) and partner Amy Roberts (Korong Vale) were defeated in the final of the 60 + State Pairs by Faye Rodger and Rhonda Pole from St. Arnaud Country Club. The two State Events were both played at Wedderburn on Thursday 18th. November.



## Anglican Parish of Pyramid Hill-Boort – December 2021



### Which animal noise do you think was the first one that Jesus heard when he was born?

So, Jesus was born in a manger which is an animal feeding trough. Why? Because in the town where Jesus' father and mother were staying that night, all the accommodation was fully booked and there was no room at the inn. So, baby Jesus' father and mother stayed out the back in the stable that night. That is where Jesus was born, in a manger, in a stable. So what do you find in a stable? Well in this one, there were definitely a few animals. (Well, not as many as in Noah's Ark, but quite a few.) A donkey, sheep, goats, cattle and maybe a rooster and some camels.

So I wonder what was the first animal noise that Jesus heard after he was born that night? Was it the "baa" of a sheep or lamb, a "moo" of the cattle, a "hee-haw" from the donkey, a "maa" from the goat or maybe a "cock-a-doodle-doo" from the rooster or a "grunt" from the camels? Or maybe, the animals were all so excited to have a baby born in their stable who was so special, that they all joined together to welcome Jesus to the world?? Now,

that would have been exciting for Jesus, and his family, as he first came into the world. A choir of animals singing "Welcome Jesus".

We share this excitement every year when we remember that Jesus is the reason for Christmas, and in coming into our world, brought us great joy as the Messiah, the Lord and our Saviour. Now that is worth making some noise about!!!

*And she (Mary) gave birth to her firstborn son and wrapped him in swaddling cloths and laid him in a manger, because there was no place for them in the inn. Luke 2:7*

#### December services in the Parish

##### St Andrew's Boort

10 am Wednesday 22 December – Christmas Crib Service

##### St John's Bears Lagoon

10 am Sunday 5 December

10 am Sunday 19 December

7 pm Friday 24 December – Christmas Crib Service

##### St Thomas' Pyramid Hill

10 am Sunday 12 December

9 am Friday 24 December – Christmas Crib Service

Reverend Judi Bird 0435 593 359

[judithblackbird@outlook.com](mailto:judithblackbird@outlook.com)



## Did you know bushfires kill from 200m away?

The flames of bushfires can reach temperatures of up to 1100°C. Long before the flames reach you, the wave of radiant heat can kill you from 200 metres away. Planning for bushfire is the only way to survive it.

How well do you know fire?

Plan. Act. Survive. Go to [vic.gov.au/knowfire](http://vic.gov.au/knowfire)

# COVID-19 VACCINATION

## CLINICS

Check your eligibility for COVID-19 vaccination  
[covid-vaccine.healthdirect.gov.au/eligibility](https://www.covid-vaccine.healthdirect.gov.au/eligibility)  
1800 675 398

*Speak to your GP about any medical concerns*

### ■ Kerang COVID-19 Vaccination Clinics

Kerang District Health  
WD Thomas Activity Centre, Burgoyne St, Kerang  
By Appointment Only  
Call the KDH Vaccination line on 5450 8099

### ■ Cohuna COVID-19 Vaccination Clinic

NDCH, 33 King Edward Street, Cohuna  
By Appointment Only  
5451 0200

### ■ Echuca Regional Health

Vivid Building, 238 High St, Echuca  
[erh.org.au/covid-19-vaccinations](http://erh.org.au/covid-19-vaccinations)  
Pfizer By Appointment Only. AstraZeneca walk in  
5485 5000

### ■ Boort District Medical Centre

2 Coutts St, Boort  
By Appointment Only  
5451 5220

### ■ Swan Hill District Health

152 Campbell St, Swan Hill (Tristar Medical Clinic)  
[www.shdh.org.au](http://www.shdh.org.au)  
[hotdoc.com.au](http://hotdoc.com.au) – Swan Hill Respiratory Clinic  
By Appointment Only  
5033 9968

### ■ Terry White Chemmart

Kerang 28/32 Victoria St, Kerang  
Cohuna 63-67 King George St, Cohuna  
[terrywhitechemmart.com.au/health-services/covid-19-vaccination](http://terrywhitechemmart.com.au/health-services/covid-19-vaccination)  
AstraZeneca & Moderna available  
By Appointment – limited walk in available

### ■ Bendigo Health

113-133 Mollison St, Bendigo  
[bendigohealth.org.au/registerforvaccine](http://bendigohealth.org.au/registerforvaccine)  
By Appointment Only. Booster dose available.  
1800 675 398

### ■ Kerang Medical Clinic

47 Victoria St, Kerang  
By Appointment Only  
5450 8060

### ■ Boort Community Pharmacy

108-112 Godfrey St, Boort  
AstraZeneca & Moderna available  
Walk in available  
5455 2044

### ■ Ochre Medical Centre Cohuna

111 King George St, Cohuna  
Pfizer & AstraZeneca By Appointment Only  
5456 2609

### ■ Mallee District Aboriginal Services

Kerang 9 Nolan St, Kerang  
5412 6004  
Swan Hill 70 Nyah Rd, Swan Hill  
5032 8600  
Mildura 115 Orange Ave, Mildura  
1800 183 593  
Walk in available for Aboriginal community  
Appointments available for all eligible community members



Information correct as of November 5 2021



To view all clinics within the local area visit  
[www.murrayphn.org.au/vaccinationclinics/](http://www.murrayphn.org.au/vaccinationclinics/)



# ABOUT BOORT

SPONSORED BY THE BOORT  
AMITY CLUB

Cool room and Portable  
Loo Hire available  
Kathy Lowrie phone number  
**0473 090 784.**



## Boort Christmas Street Party

Friday 17<sup>th</sup> December 2021

Godfrey Street closed from 5 p.m.

**Stalls, food, music, activities, late  
night shopping and Santa!**

Let's get together to celebrate Christmas,  
Family and our Community

Please bring a chair



Shop Local



GROW mental wellbeing programs

## WHY GROW?

Intentional **peer to peer support**

Support from those with **lived experience**

**No referral** or a doctor's diagnosis required

**FREE service**

Immediate **access to support group**

Make **friends and lifelong learnings**

Groups are **confidential**

**Face to face** or **online** meetings available

Weekly **structured meetings**

**Practical tasks and goals**

GROW mental wellbeing programs

Grow Victoria and Tasmania  
707 Glen Huntly Rd, Caulfield South VIC 3162  
Phone: (03) 8528 2977  
For more information about GROW Australia visit: [www.grow.org.au](http://www.grow.org.au)

## NEED A COPY OF YOUR COVID-19 VACCINATION CERTIFICATE?

Call the Australian  
Immunisation Register on  
**1800 653 809**  
(M – F 8am – 5pm)

Your vaccination certificate will be  
posted out to you within 2 weeks.

You can also access your certificate online via MyGov.  
If you need help with this, call and make an appointment  
at BRIC on 03 5455 2716





Department  
of Health

## Appointments to the boards of directors of Boort District Health

The Minister for Health, Martin Foley MP, is pleased to invite applications for part time board director positions of Boort District Health with terms of office commencing from 1 July 2022.

Safe and high quality healthcare for all Victorians is a priority of the Victorian Government. Applicants for board directorships must be able to demonstrate and provide evidence in support of the skills they identify in their applications.

Collaboration, through the recently established Health Service Partnerships, is a key Victorian Government priority <https://www2.health.vic.gov.au/health-service-partnership>. Applicants should have a demonstrated history of achievement through collaboration and partnering. Being able to demonstrate strong working relationships, particularly in the Victorian health sector, will be highly valued.

These positions provide an exciting opportunity for members of the Victorian public with relevant experience and qualifications to contribute to the strategic leadership of public health care delivery to the community.

Boort District Health is a small rural health service that delivers a range of programs and services for our local communities. The Health Service has one campus located in the township of Boort. Further information is available on our website <https://www.bdh.vic.gov.au>. The Victorian Government is committed to ensuring boards, and committees, broadly reflect the diversity of the Victorian community. Applications are welcomed from women, Aboriginal and Torres Strait Islander people, people of all ages, people with disabilities, people from culturally and linguistically diverse backgrounds and lesbian, gay, bisexual, transgender, gender diverse and intersex people.

Applications close at Midnight Monday 29 November 2021.

Further information including how to apply, please visit: <https://www2.health.vic.gov.au/governance>

For all enquiries regarding the appointment process, please contact Liz Cleary, [Liz.Cleary@health.vic.gov.au](mailto:Liz.Cleary@health.vic.gov.au); 03 9595 1363

For all enquiries regarding the board, please contact Kathryn Velleley

**[Kathryn.Velleley@bdh.vic.gov.au](mailto:Kathryn.Velleley@bdh.vic.gov.au); 0418 550 511**

## Boort-Yando Cricket Club

### infrastructure project

<https://gofund.me/c6ef89ef>

– Boort-Yando Cricket Club  
infrastructure fundraiser

BOORT-YANDO



Since 2015, the Boort-Yando Cricket Club has gone from strength to strength, with the club now fielding senior and under 17 teams in the Upper Loddon Cricket Association, and an under 13 team in the Northern District Cricket Association.

Cricket has been played in Boort and the district for the best part of 150 years, and it is terrific to see it thriving and providing the opportunity for community members to play and watch our national sport.

The Boort-Yando Cricket Club shares its playing oval with Boort District School. We are committed to building multi-use facilities to share with the school community, ensuring year round use. The club has recently installed and funded a new synthetic playing pitch, along with new two lane training nets.

For the 20/21 season, we are embarking on building a new facility for the club that will consist of a large open shade area, complete with equipment storage room and BBQ area. With a cement floor and lock-up roller doors, the project is currently quoted at approximately \$80,000.

We very much understand that projects of this magnitude don't happen overnight, but with the current growth of the club and our future requirements, we hope to fundraise in order to achieve this exciting goal within the next two years. We will be sourcing the majority of funding through a Cricket Australia grant, which will require the club to also contribute financially.

Our fundraising goal is to reach \$10,000 by March 2022.

Boort-Yando Cricket Club has set up a GoFundMe page, where supporters are able to donate. Any contributions will be appreciated, and you are able to donate anonymously or have your name displayed on the website. Alternatively, contributions are able to be made directly to Alister Knight, Jo Bear, Kim Potter, Damien Balzer or Drew Crilly.

We very much look forward to adding this final piece of the puzzle to our club facilities, and appreciate any assistance that might be forthcoming from our supporters, far and wide.

<https://gofund.me/c6ef89ef> – Boort-Yando Cricket Club infrastructure fundraiser





## BOORT ANGLING CLUB

Inc No A 0051259 P

34 Ring Road Boort 3537 or P O Box 43 Boort 3537  
Email: boortanglingclub@yahoo.com

The November meeting gave way to a get to know people and information evening.

Our guest speaker was Mr Ben Scullin, Chief Executive Officer of Victorian Recreational Fishers (V R Fish). Other guests included Mr Ivan Wild and Mr Alan Nicolson, who represent our Mid Northern Association of Angling Clubs at V R Fish. Ben gave a comprehensive talk on what this organisation is all about, what they do for recreational fishers, the community, and the environment. He explained how Angling Clubs and other fisher persons need to communicate their needs, wants and ideas so that V R Fish can better represent them. About one in five Victorians like to fish and most of them are keen to enjoy and look after the environment

where-ever they go. Recreational fishing is a major contributor to tourism, resulting in many millions of dollars being gained by rural and regional Victoria. Recreational Fishing Licences raised over nine million dollars for Victorian Government in 2020 – 2021, and only about five percent is passed on to V R Fish for operational funds to help promote fishing. Better Boating Victoria (via boat licences etc) contributes a further thirty-three million dollars, much of which is from fishing boats. Ben's presentation was followed by a question time with open discussion which was beneficial all. We believe that this sport, and indeed the industry, is under rated and underfunded when you consider its contribution to the Victorian economy.

We as recreational fishers and fishing clubs need to speak with one voice. V R Fish provides this voice to convey these facts and any constructive ideas to all tiers of government and other authorities so that recreational fishing gets the consideration it deserves.

There will be no December meeting, so next meeting will be 7.30pm Wednesday 12<sup>th</sup> January 2021. We may be able to arrange one or two social events before then, so watch the town notice boards for these.

*BAC Committee*

# BOORT FLORIST

129 Godfrey Street, Boort

Phone 7 days a week

**0427 180 011**

Flowers, Plants and so much more.

Garden Deco, Gifts, Alternative Clothing

**Orders taken for Hampers.**



Member of Petals Relay

**Sending Flowers and Hampers Worldwide**



Boort Florist



## Belgravia Leisure to manage Council's pools

FURTHER INFORMATION: (03) 5494 1200

Loddon Shire Council has appointed Belgravia Leisure to manage its swimming pools.

The contract to manage the Shire's aquatic facilities was awarded by Council to the company at its September meeting.

Acting Chief Executive Officer Jude Holt said Council was looking forward to having Belgravia Leisure on board.

"Belgravia Leisure has a long history working with communities and connecting them to leisure opportunities," Ms Holt said.

"We look forward to Belgravia Leisure bringing their experience, capability and collaborative approach in working with Council and the community to meet residents' health and wellbeing needs.

"Additionally, the appointment of Belgravia Leisure also brings with it economic opportunities for our region, including local employment and engagement of local suppliers."

Belgravia Leisure Chief Executive Officer Nick Cox said the company was excited to be appointed as managers of Loddon Shire's seasonal pools.

"We are an experienced leisure management company that is passionate about connecting communities to leisure," Mr Cox said.

"We believe that all members of the Loddon Shire community should have equal access to aquatic facilities regardless of financial or physical ability, cultural background, or stage of life.

"We are excited to bring our innovative programs such as GOSwim to the Loddon Shire community, providing tailored guidance and support for members to meet their health and fitness goals.

"We look forward to working closely with Loddon Shire Council in supporting the regional economy through hiring local staff, engaging local suppliers, and helping people connect to leisure," he added.

There are five swimming pools within Loddon Shire, located at Boort, Inglewood, Mitiamo, Pyramid Hill and Wedderburn.

Council's swimming pools open annually on the third Saturday in November and close on the Monday of the Labour Day weekend in March.

For more information visit

<https://bit.ly/3FZiXMn>

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2 year fixed interest rate

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\*Source: Real Estate (Risk Monitor) 2020 Terms and conditions, fees, charges and lending criteria apply. Offer subject to change. Comparison rate (p.a.) calculated for a loan of \$300,000 over 20 years. It is not available to all borrowers. 1.99% and 2.82% are not applicable at the end of the fixed rate period. BHP BANK LTD. This comparison rate is only for the example given and may not include all fees and charges. Different terms, fees or other costs amounts might result in a different comparison rate. Full offer details available for Bendigo (compare home) loan for fixed and variable loans. Online apply. Credit provided by Bendigo and its related banks. Lender's ABN: 11 088 008 174 Australian Credit License: 218191. (1800) 55 8888 (0) 317 294861. 06/05/2021



## Fire Prevention – Loddon Shire Council

FURTHER INFORMATION: (03) 5494 1200

From Monday 8 November 2021, the Loddon Shire Council Municipal Fire Prevention Officer (MFPO) will be starting inspections across Loddon Shire.

The MFPO inspects properties throughout the Loddon Shire, to identify whether landowners are maintaining appropriate levels of vegetation and reducing fuel loads, particularly in high-risk areas. Landowners who have excess vegetation, that is, large amounts of branches piled up or long grass or debris, will be issued a fire prevention notice.

A fire prevention notice is a reminder for the property owner to reduce the fire risk at their place. Landowners typically have 14 days to comply with the notice or make contact with Council to discuss the issue. If the hazard is not removed within the required timeframe, Council will organise for a contractor to enter the premises and remove the fire hazard.

If Council has to arrange a contractor to remove fire hazards, it will be completed at the landowner's cost, plus a \$110 administrative cost. Under Section 41E of the Country Fire Authority Act 1958, a \$1,817 infringement notice may also be issued to the landowner for a failure to comply with a fire prevention notice.

# Croquet Report



*President Alan Puttick presenting Gwen Parker with her veteran's badge*

The Boort Lakeside Croquet Club has finally been able to get their season underway.

A Covid safe opening day was held in September and some serious training commenced. Now we are once again able to have competition in social play and members are enjoying this opportunity. The much coveted trophy and chocolate are presented to the winning player or players on Wednesdays and Saturdays.

We have also had several members having big "0" birthdays and we have enjoyed celebrating with them. One in particular, Gwen Parker, received her veteran's badge on celebrating her 80<sup>th</sup>

birthday.

Friday night croquet will commence on Friday 27<sup>th</sup> November, turn up at 7:00pm and enjoy a social game or two under lights. All are welcome to attend.

In December we will move to playing in the mornings

to avoid the heat, so play will be at 8:30am for a 9:00am start. Anyone who wishes to learn more about croquet should just wander down to the croquet court on a day we are playing and members will be happy to explain the game to them.



*Longstanding member Betty Barnes running the first hoop on Opening Day*



**Christmas Street Lights: please decorate your house and street to be judged by Amity the week of Dec 15<sup>th</sup>**

Results for the writing competition from the Boort Show – writing on display 118-120 Godfrey St, Boort)



Amity have happily donated \$1000 to Breast Cancer Research. Sadly, we were unable to hold our usual fundraiser this year but hope to in 2022.

## **FREE COMMUNITY DINNER**

The date for our free community dinner will be announced in the new year, we look forward to seeing you there.

## **MERRY GO ROUND**

Amity have happily donated \$500 to the Boort Men's Shed for the refurbishment of the Merry Go Round.

Marg Piccoli from Amity with Ken Loader from the Boort Men's Shed.



# CHRISTMAS & NEW YEAR OPENING HOURS



## Holiday Opening Days in Boort

The last visit from Goldfields library staff will be Thursday 23 December, 10.30am-12.30pm, with the library closed from Thursday 23 December and reopening on Monday 10 January 2022. The first visit from library staff on Monday 10 January, 10.30am-12.30pm.



## Christmas Storytime

Hayley will visit on the 2 December to present a special **Christmas Storytime** session 10.30-11am, and she will have a small gift for the children. This will be the last storytime session for the year.

## Big Summer Read

(This year, The BIG Summer Read will replace our regular Summer Reading Challenge. It is aimed at primary-school aged children, but anyone under 18 is welcome to join. Registrations are now open, but the challenge doesn't officially begin until Wednesday 1 December. It will run through until the end of January. Prizes will include book vouchers and \$100 gift cards.). This is an example below which you could use to promote it in the newsletters.

Kids, join in our BIG Summer Read for your chance to win a great prize!

It's easy. Join. Borrow. Play Win!

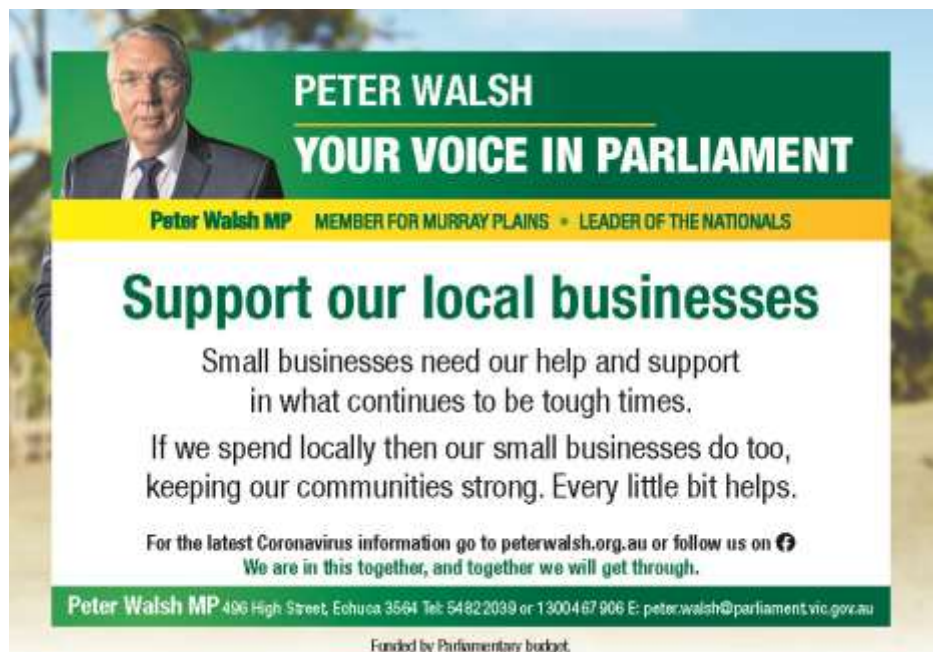
Simply register via the website below, join the BIG Summer Read challenge and download the app to log your books. Don't want to use the app? That's OK, we have paper-based booklets too. Just ask next time you're at the library.

Read more at [www.ncgrl.vic.gov.au/bigsummerread](http://www.ncgrl.vic.gov.au/bigsummerread)

Best wishes for a very

*Safe and Happy  
Holiday Season*

from everyone  
at Goldfields Libraries




**PETER WALSH**  
**YOUR VOICE IN PARLIAMENT**

Peter Walsh MP MEMBER FOR MURRAY PLAINS • LEADER OF THE NATIONALS

### Support our local businesses

Small businesses need our help and support in what continues to be tough times.

If we spend locally then our small businesses do too, keeping our communities strong. Every little bit helps.

For the latest Coronavirus information go to [peterwalsh.org.au](http://peterwalsh.org.au) or follow us on  **We are in this together, and together we will get through.**

Peter Walsh MP 496 High Street, Echuca 3564 Tel: 54822039 or 1300487906 E: [peter.walsh@parliament.vic.gov.au](mailto:peter.walsh@parliament.vic.gov.au)

Funded by Parliamentary budget.



||||| /  
Libraries  
Change Lives

 Public Libraries  
Victoria

 Borrow  
Box.  
Your library in one app.

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# BIG Summer Read

**JOIN. BORROW. PLAY. WIN!**

**1 DECEMBER 2021 - 31 JANUARY 2022**

Download the **Beanstack Tracker** app,  
register to play at <https://plv.beanstack.org>  
or visit your local public library



Goldfields  
Libraries





**Boort Street Christmas Party**  
**Friday 17<sup>th</sup>**  
**December, 2021**  
**Raffle drawn on night**

It would be greatly appreciated if you are able to donate something for our major raffle. Local businesses will have a box for people to donate goods. There will be many fantastic prizes to win. Money raised goes towards funding this event.

**Salt Water**  
 FOR LADIES AND CHILDREN

**the little shoe shop**  
 SHOP ONLINE  
 FREE DELIVERY IN KERANG  
 65 Victoria St, Kerang  
 Phone: 5450 3797

**Boort Library Agency**  
**Storytimes 2021**

Nurture your child's listening and learning skills in these fun-filled sessions of stories, songs and rhymes.

JUL-DEC

DAY	TIME
THU 15 JUL	10.30-11am
THU 29 JUL	10.30-11am
THU 12 AUG	10.30-11am
THU 26 AUG	10.30-11am
THU 9 SEP	10.30-11am
THU 7 OCT	10.30-11am
THU 21 OCT	10.30-11am
THU 4 NOV	10.30-11am
THU 18 NOV	10.30-11am
THU 2 DEC	10.30-11am



Agency  
 Boort Resource and Information Centre  
 119-121 Godfrey St

For more information please phone 5449 2790  
 or visit [ncgrl.vic.gov.au/children](http://ncgrl.vic.gov.au/children)



*Christmas Tree & Decoration Competition*



**Categories for 2021**

- Best Tree made out of Recyclables
- Best Tree/Not Decorated
- Best Tree Decorated
- Junior Student – Best Tree by an individual
- Junior Students – Best Tree by a group
- Senior Student – Best Tree
- Best Tree as voted by the public
- Best Handmade Decoration, Wreath or



**Entry Forms must be submitted by 12pm on the 2nd December to the Boort Resource and Information Centre**

Prizes vary with categories.  
 Entry Forms available at BRIC and the Boort Newsagency  
**Any queries call 5455 2716**



# FEVER OR COVID FEVER?

The only way to be sure is with a test  
at the first sign of any symptom.

**ONLY A TEST  
CAN TELL**

**For testing locations,  
visit [CORONAVIRUS.vic.gov.au](https://coronavirus.vic.gov.au)**

Authorised by the Victorian Government, 1 Treasury Place, Melbourne



# Event Calendar 2021/2022

All events tentative and will follow current COVID restrictions and the Boort Ski Club COVID safe plan.

Strict Guidelines will apply and be shared prior to each event.



<p>Wed 29<sup>th</sup> Dec 2021 (8pm)</p>		<p><b>Last Man Standing Draw &amp; 60<sup>th</sup> Anniversary</b></p> <p>Be part of our 60<sup>th</sup> Anniversary and yearly big event with big prize money and many spot prizes and games during the night</p>
<p>Fri 31<sup>st</sup> Dec 2021 (11am)</p>		<p><b>Annual General Meeting &amp; Presentations</b></p> <p>AGM followed by presentations for last season's final tournament</p>
<p>Sat 12<sup>th</sup> Feb 2022 7am-1pm</p>		<p><b>1<sup>st</sup> Coaching Day</b></p> <p>Want to start or improve your skiing? Don't have a boat and your children want to learn? We can help!</p>
<p>Sun 13<sup>th</sup> Feb 2022 7am-1pm</p>		<p><b>1<sup>st</sup> Club Tournament</b></p> <p>All age groups welcome, test yourselves against the best of the best. Very social, easy-going competition</p>
<p>Sat 5<sup>th</sup> Mar 2022 7am-1pm</p>		<p><b>2<sup>nd</sup> Coaching Day</b></p> <p>Want to start or improve your skiing? Don't have a boat and your children want to learn? We can help!</p>
<p>Sun 6<sup>th</sup> Mar 2022 7am-1pm</p>		<p><b>2<sup>nd</sup> Club Tournament</b></p> <p>OK you now realise after the 1<sup>st</sup> round that none of us are that good, second change compete or improve your score</p>
<p>Sat 12<sup>th</sup> Mar 2022 11am</p>		<p><b>Family Day</b></p> <p>BBQ, new members drive, members raffle, beginners coaching and Tournament presentations</p>



# Are you a keen birdwatcher?

As part of the Quamby Weir Pool project we're looking for people to help provide information on local birds that might be observed from the proposed bird hide.

For all enquiries, please contact  
Chelle Espagne 0407 008 225

# Calling All Tennis Players!



We will be continuing with Social Saturday tennis until the Christmas break. All welcome.

## SATURDAY TEAM COMPETITION WILL COMMENCE SATURDAY JANUARY 29<sup>TH</sup> 2022

We are now taking names for interested players to participate in our Senior Tennis competition. This will be a 7 week competition plus finals and Club Championships.



Juniors from Year 5 onwards may participate.

Names to be in by December 15<sup>th</sup>  
Names to: [boorttennis@yahoo.com](mailto:boorttennis@yahoo.com)  
Kim Potter (0447554203)

## The Boort Resource and Information Centre have meeting rooms for hire.

Please call BRIC if you would like to make enquiries or a booking.



**5455 2716**

# PROOF OF COVID-19 VACCINATION STATUS

Customers aged 16 or over must show proof of COVID-19 vaccination or a signed medical exemption as a condition of entry to most businesses. **Here is what is accepted:**

<p><b>COVID-19 digital certificate via the Service Victoria app</b></p>	<p><b>Printed copy of COVID-19 digital certificate together with photo ID</b></p>	<p><b>Printed copy of Immunisation history statement together with photo ID</b></p>	<p><b>Medical exemption together with photo ID</b></p>
<p><b>COVID-19 digital certificate saved to smartphone</b></p>			





# BOORT

## TROTTERING CLUB

### BOORT THE NORTHERN OASIS

# SUN

## 2nd JAN

# 2022

### 8 RACES FEATURING

Race Meeting  
Gates Open 12pm

FREE ADMITTANCE

BOORT THE NORTHERN OASIS PACE \$12,000

FREE RACE BOOKS

BOORT THE NORTHERN OASIS TROT \$12,000

Family fun day, Kiosk, Ice cream Van, Coffee Van, Tote, Bookmaker, Music, Prizes  
ALL WELCOME: INVITING BOORT COMMUNITY PEOPLE

Book Tables: Nicole Myles (Secretary) 0429 321 652

Neil Beattie (Treasurer) 0427 552 468

John Campbell (Chairman) 0437 077 887

FUTURE BIG EVENT: BOORT CUP DAY: Sunday 6<sup>th</sup> March, 2022

**PLEASE NOTE THAT YOU WILL BE REQUIRED TO SHOW YOUR VACINATION CERTIFICATE ON ENTRY**



### Gannawarra Goes Orange Against Family Violence

Each year between 25 November and 10 December, Northern District Community Health (NDCH) partner with local government and health and community services agencies for the Gannawarra Goes Orange campaign. The campaign coincides with the Victoria wide 16 days of Activism against Family Violence and Gender-Based Violence.

The family violence rates across Gannawarra are more than twice the state average. In the vast majority of cases, women were the victims of family violence with a concerning number of those incidents occurring with a child, or children, recorded as a witness.

This year, the local services partnership has developed a 16 Days of Activism calendar with lots of activities occurring across the 16 days. Each activity has a focus on either raising awareness, providing education or breaking down rigid gender roles and stereotypes. Rigid gender roles and stereotypes are one of the four main drivers of violence against women.

“One of the ways to prevent violence against women is to promote gender equality,” said Ms Hutchinson. “This means changing ideas that things are only a woman’s role, that women and girls are somehow weak, that they’re less deserving or of less worth than a male. We need to grow our children up to be respectful of each other and to feel able to be vulnerable and seek help when they need it, rather than coping alone and consequently becoming abusive.”

Bystander Action: Real World Responses to Gender Inequality - Introduction to Bystander Action, and - Introduction to Gender Equality & Respect.

To register for these workshops or to learn more about all the activities on the calendar please visit the NDCH Facebook page or contact NDCH on (03) 5451 0200.

The Gannawarra Goes Orange campaign is supported by Gannawarra Shire Council, Northern District Community Health, Kerang District Health, Cohuna District Hospital, Mallee District Aboriginal Service, Victoria Police, and the Southern Mallee Primary Care Partnership.

**If you or someone you know is impacted by sexual assault, domestic or family violence, please phone Orange Door Mallee on 1800 290 943 or 1800RESPECT on 1800 737 732.**



## Healing Garden

You may have noticed the front garden of Boort District Health (BDH) is looking different at the moment.

We have started working on providing a quiet / reflective area for patients and residents to sit and enjoy outside. Previously this area was grass, garden and had no fencing around it. A fence has been erected around the boundary to ensure the safety of all at the facility.

This area previously posed a risk for any patients or residents to use.



**ABOVE:** This is the original plan of the Healing Garden. In consultation with our consumers we have reviewed the space to include no lawn as access to this area is awkward for Maintenance



Currently the area looks unsightly as we move forward with our plan, the paths have been laid with aggregate concrete, this will enable residents and patients to move safely around the area when finished.

### The next phase will include:

- Garden edges around the path to ensure patient and resident safety
- Soil added to the garden area to enable planting



Maintenance will install the garden edges, & planting will be completed with the assistance of the Consumer Advisory Committee. The indigenous plants to be supplied by Paul Haw.

Maintenance will build a Gazebo (purchased from George Tallis Home Hardware) to cover the large concrete area to ensure shade for all that use the garden.

We are working with the school and looking forward to the school children producing artwork for this area.

### To finish the garden:

- Rocks will be added to the garden area
  - Seating installed for resident and patients
  - Water feature in the centre of the path
- BDH will keep you updated with photos and our progress.



## ANAPHYLAXIS

Anaphylaxis is a severe allergic reaction that can quickly become life threatening and needs to be treated as a medical emergency!

~ Anaphylaxis can happen to anyone even if they do not have a known allergy to anything ~

~ Saving lives is a team effort and the community is a vital part of the team ~

If a person is has some of these **SIGNS AND SYMPTOMS** it could be Anaphylaxis

### 1. Breathing

- Wheeze or cough
- Feeling short of breath
- Unable to breath as normal

### 2. Stomach

- Pain in the stomach
- Cramping
- Feeling of nausea
- Vomiting or diarrhoea

### 3. Skin

- Hives or welts
- Looking flush, pale or blotching of skin
- Swelling

### 4. Awareness

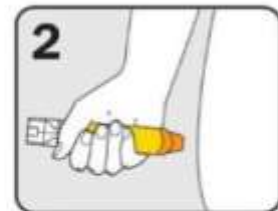
- Dizziness, feeling faint
- Confused
- Unconscious

## How to give EpiPen®

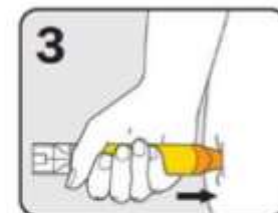
adrenaline (epinephrine) autoinjectors



1. Form fist around EpiPen® and **PULL OFF BLUE SAFETY RELEASE**



2. Hold leg still and **PLACE ORANGE END** against outer mid-thigh (with or without clothing)



3. **PUSH DOWN HARD** until a click is heard or felt and hold for 3 seconds **REMOVE EpiPen®**

### What YOU Can Do Remove the cause

If the person has a known allergy, remove the substance.

**Lay the person down and put their legs up**

**Use an EpiPen if available!**

**Call 000**

For more information go to - [ambulance.vic.gov.au](http://ambulance.vic.gov.au) or follow the Loddon Paramedic Community Support Coordinator (PCSC) on Facebook at ([facebook.com/psccloddon](https://facebook.com/psccloddon)).